

**Exploring clinician attitudes to addiction recovery in
Victoria, Australia**

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TABLE 1 Personal definitions of recovery (N = 41)

Definition	N (%)
Moderate / controlled use of any drug and alcohol	18 (36)
No use of drug of choice / some use of other drugs and alcohol	4 (8)
No use of any drug and some use of alcohol	2 (4)
No use of any drug or alcohol	17 (34)
Missing	9 (18)

TABLE 2 Recovery attitudes distribution (N = 50)

	Recovery hope	Recovery barriers	Recovery oriented Services	Recovery Journeys
Mean	35.96	12.00	38.42	38.31
Std Deviation	5.85	7.20	6.79	5.05
Minimum	25.00	0.00	20.83	26.56
Maximum	47.92	35.00	50.00	50.00

TABLE 3 Key variables and Percentage of people with lifetime dependence who will eventually achieve recovery

	<i>N</i>	<i>Mean (%)</i>	<i>Std Deviation</i>
<i>Service Type</i>			
Community Counselling	1	80.00	-
Residential Withdrawal Unit	14	25.71	21.18
Residential Rehabilitation	5	22.00	9.70
Needle & Syringe Program	7	43.71	22.28
Telephone Support Service	1	85.00	-
<i>Professional Background</i>			
Social work	4	46.25	31.98
Mental health	2	11.50	12.02
Medicine	1	5.00	-
Nursing	4	41.25	31.72
AOD counselling	8	47.50	24.93
AOD support worker	4	14.25	10.28
Other	5	25.20	13.97
<i>Personal Recovery Definition</i>			
Moderate/Controlled use AOD	9	50.56	24.81
No drug of choice, some other AOD	2	35.00	7.07
No drugs, some alcohol	2	48.00	45.26
No AOD use	12	18.75	20.33