

**P30 - Patient involvement at every stage: design and coproduction of the Head Up neck support collar**

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- Discuss how we are working closely with the project charity partners.
- Describe our consideration of types of patient knowledge, experience and skills needed on a Patient Advisory Group

This presentation is important to any research team looking at the role of a patient as a co- applicant. It demonstrates the value that this can bring if the patient is viewed as an essential and equal partner in the research. We will demonstrate the process for reaching this level of patient partnership and hope to influence and support further research teams and members of the public to adopt this approach.

#### O14

##### Working together to advance public involvement: Coproduction and partnership working within a regional public involvement network

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##### Aims of the session

In this workshop, we will:

- Communicate the vision and our personal motivations (lay and professional) for the Wessex Public Involvement Network (PIN)
- Explore with participants principles and practicalities in establishing a regional PIN
- Together identify generalisable facilitators and barriers to the implementation of regional PINs

##### Why is it important, and to whom?

This workshop will be of interest and importance to all who facilitate, contribute to and use outcomes from public involvement (PI) in health research: patients, the public, PI staff leads, health care staff and researchers. We will demonstrate ways of working together, promoting best practice and taking forward leadership in PI with both lay and staff contributors.

##### What difference has, or could this project make?

We will share the achievements of the Wessex PIN to date, including: partnership working across regional NIHR and NHS organisations; a jointly organised and facilitated community PI event; ongoing opportunities for shared learning, support and reflection.

With workshop participants, we will explore potential longer term benefits of regional PINs including: easier and fairer access to PI opportunities; economies of scale; and learning and career trajectories for PI leads.

##### What will people take away from this session?

Those participating in this workshop will:

- Explore a real-life example of co-production and partnership working in a regional PIN
- Reflect on opportunities and challenges which the Wessex PIN model offers within their own working context
- Identify benefits, resources and contacts to support similar regional PINs

##### CONFERENCE THEME(S)

Regional Networks

#### O18

##### Developing principles for co-producing health and social care research

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##### Background

In recent years we have seen a growing interest in applying the concept of co-production in the field of health and social care research. There is, however, much variation in the definition and practice of co-production, revealing a lack of clarity around the concept. Co-production, it has been suggested (Going the Extra Mile 2015), could be a means of evolving and improving patient and public involvement in research. But co-production can be a slippery concept, reflecting the wide range of disciplines from which it emerges and the frequently loose way it is applied. Moreover patient and public involvement in research already has its own vocabulary. So what is co-production and what does it mean for patient and public involvement in research? Co-producing research is an emerging field challenging how we think about and do research and the relationships between organisations, professionals and researchers and the public.

##### Aim

To help NIHR/INVOLVE identify some key principles and features involved in co-producing research. And to develop guidance to support organisations, researchers and the public to evaluate their own (and others) practices and further evolve and improve public involvement in their research.

##### Approach

The draft guidance draws on findings from a round table meeting held to discuss 'co-producing research', a literature review and interviews with people involved in co-produced research (undertaken by Jonathon Paylor, RDS London and Tracey Johns, RDS East of England), a workshop to gain consensus on the key principles and elements of co-producing research and consultation with NIHR staff and beyond.

The principles included are just the beginning of a pathway for those considering taking a journey on the co-production route. The extent to which research projects and organisations embrace all of the principles and the depth to which they go in embedding the principles will vary. The more principles that are adopted and embedded the stronger will be the co-production of the research. There is no single formula for co-production and such an approach would be counter to the innovation and flexibility that is implicit in co-produced research.

##### Acknowledgements

Thank you to those who took part in the interviews and also the members of the NIHR INVOLVE co-production task group [<http://www.invo.org.uk/current-work/co-production/>].

#### P4

##### "We have a voice" [Matt]

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##### Aim:

The poster presents the evaluative mixed methods research study that was commissioned by NHS England and undertaken by the