

"Not all in my head": a qualitative exploration of living with fibromyalgia and its treatments (Oral presentation)

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Published version

ASHE, Simon, FURNESS, Penny, TAYLOR, Sophie, HAYWOOD-SMALL, Sarah and LAWSON, Kim (2016). "Not all in my head": a qualitative exploration of living with fibromyalgia and its treatments (Oral presentation). *The European Health Psychologist*, 18 (Supp), p. 695.

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“NOT ALL IN MY HEAD”: A QUALITATIVE EXPLORATION OF THE EXPERIENCES OF LIVING WITH AND BEING TREATED FOR FIBROMYALGIA

Simon Ashe, Penny Furness, Sophie Taylor,
Sarah Haywood-Small & Kim Lawson

Rationale & Method

Fibromyalgia (FMS) is a chronic condition with no clear medical explanation or cure.

Limits capacity to work and damages close relationships¹.

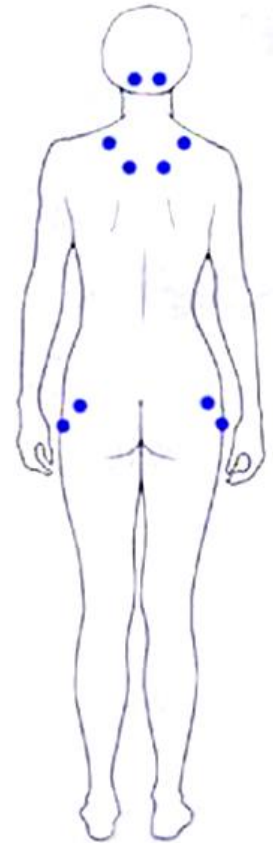
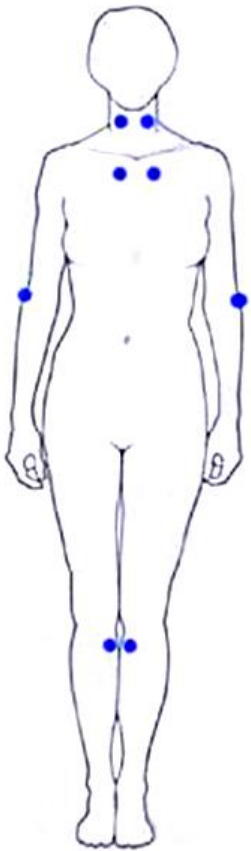
Treatments inconsistent and can cause harsh adverse-effects.

Outcomes sought by the patient and practitioners differ².

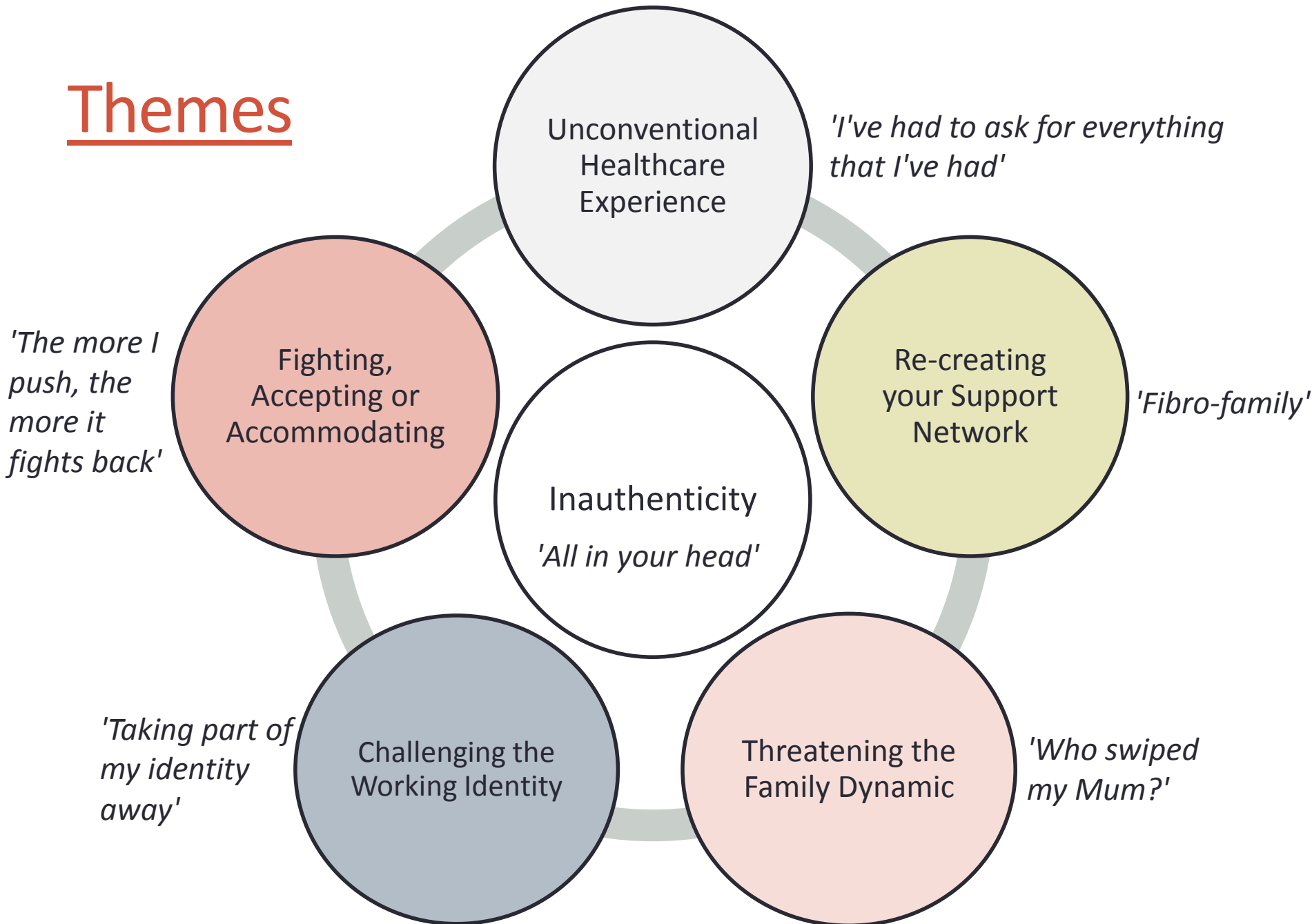
Understand patient perspective to design an effective intervention^{3,4}.

Phenomenological study of the lived experience of people with FMS with a focus upon treatments and interventions.

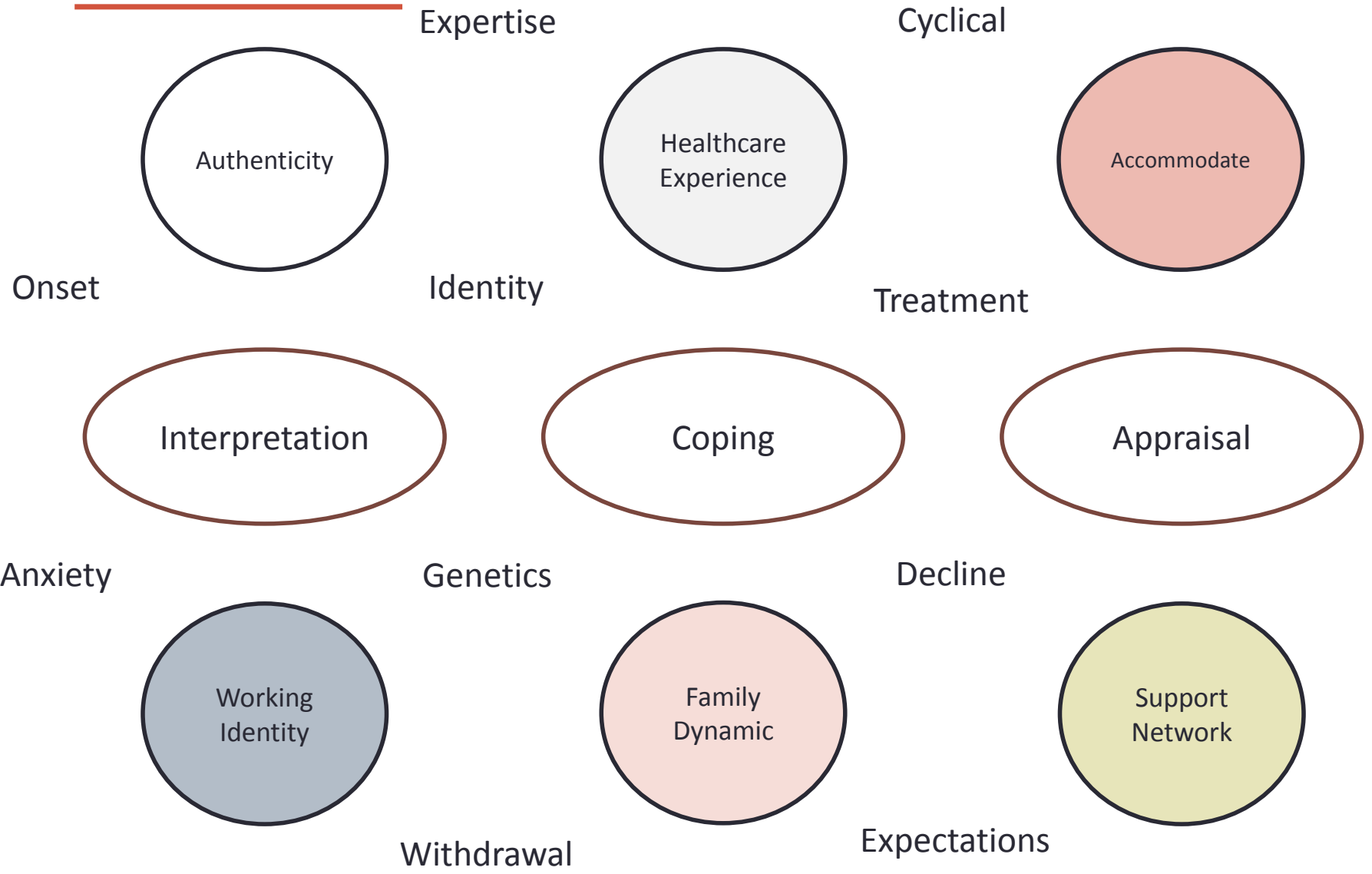
14 in-depth discussions conducted and analysed using IPA⁵.



Themes



Discussion



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Many thanks for your attention!

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