

Exploring clinician attitudes to addiction recovery in Victoria, Australia

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TABLE 1 Personal definitions of recovery (N = 41)

<u>Definition</u>	N (%)
Moderate / controlled use of any drug and alcohol	18 (36)
No use of drug of choice / some use of other drugs and alcohol	4 (8)
No use of any drug and some use of alcohol	2 (4)
No use of any drug or alcohol	17 (34)
Missing	9 (18)

TABLE 2 Recovery attitudes distribution (N = 50)

	Recovery hope	Recovery barriers	Recovery oriented Services	Recovery Journeys
Mean	35.96	12.00	38.42	38.31
Std Deviation	5.85	7.20	6.79	5.05
Minimum	25.00	0.00	20.83	26.56
Maximum	47.92	35.00	50.00	50.00

TABLE 3 Key variables and Percentage of people with lifetime dependence who will eventually achieve recovery

	N	Mean (%)	Std Deviation
Service Type			
Community Counselling	1	80.00	-
Residential Withdrawal Unit	14	25.71	21.18
Residential Rehabilitation	5	22.00	9.70
Needle & Syringe Program	7	43.71	22.28
Telephone Support Service	1	85.00	-
Professional Background			
Social work	4	46.25	31.98
Mental health	2	11.50	12.02
Medicine	1	5.00	-
Nursing	4	41.25	31.72
AOD counselling	8	47.50	24.93
AOD support worker	4	14.25	10.28
Other	5	25.20	13.97
Personal Recovery Definition			
Moderate/Controlled use AOD	9	50.56	24.81
No drug of choice, some other AOD	2	35.00	7.07
No drugs, some alcohol	2	48.00	45.26
No AOD use	12	18.75	20.33