

**Exploring clinician attitudes to addiction recovery in  
Victoria, Australia**

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**Published version**

PILLAY, Irene, BEST, David and LUBMAN, Dan I. (2014). Exploring clinician attitudes  
to addiction recovery in Victoria, Australia. *Alcoholism Treatment Quarterly*, 32 (4),  
375-392.

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**TABLE 1** Personal definitions of recovery (N = 41)

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<b>Definition</b>	<b>N (%)</b>
Moderate / controlled use of any drug and alcohol	18 (36)
No use of drug of choice / some use of other drugs and alcohol	4 (8)
No use of any drug and some use of alcohol	2 (4)
No use of any drug or alcohol	17 (34)
Missing	9 (18)

**TABLE 2** Recovery attitudes distribution (N = 50)

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	<b>Recovery hope</b>	<b>Recovery barriers</b>	<b>Recovery oriented Services</b>	<b>Recovery Journeys</b>
Mean	35.96	12.00	38.42	38.31
Std Deviation	5.85	7.20	6.79	5.05
Minimum	25.00	0.00	20.83	26.56
Maximum	47.92	35.00	50.00	50.00

**TABLE 3** Key variables and Percentage of people with lifetime dependence who will eventually achieve recovery

	<i>N</i>	<i>Mean (%)</i>	<i>Std Deviation</i>
<i>Service Type</i>			
Community Counselling	1	80.00	-
Residential Withdrawal Unit	14	25.71	21.18
Residential Rehabilitation	5	22.00	9.70
Needle & Syringe Program	7	43.71	22.28
Telephone Support Service	1	85.00	-
<i>Professional Background</i>			
Social work	4	46.25	31.98
Mental health	2	11.50	12.02
Medicine	1	5.00	-
Nursing	4	41.25	31.72
AOD counselling	8	47.50	24.93
AOD support worker	4	14.25	10.28
Other	5	25.20	13.97
<i>Personal Recovery Definition</i>			
Moderate/Controlled use AOD	9	50.56	24.81
No drug of choice, some other AOD	2	35.00	7.07
No drugs, some alcohol	2	48.00	45.26
No AOD use	12	18.75	20.33