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## Research Article

# Group Work Experiences

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### Abstract

Research suggests that the majority of students in HE derive a positive experience of group work during their studies (Burdett 2003; Orr 2010; Payne et al. 2006; Maiden and Perry 2012; Walker 2001), although there are differences between students in the individual time and effort they invest. The perceptions of higher-contributing students have been documented (Orr 2010), although the experience of students who contribute less has yet to be systematically explored. An on-line questionnaire, developed to assess students' experience of group work, was administered to 58 undergraduate and postgraduate social science students. The questionnaire explored the following in relation to group work: (1) positive aspects and skill development; (2) negative experiences; (3) extent of students' own contribution; (4) experience of bullying and harassment behaviours. Open-ended, qualitative items were also included to supplement the questionnaire data. In line with previous research, the majority of the sample rated their group work experience positively, identifying a range of benefits from this process. Students' explanations for reduced input to group work ranged from a preference for independent work to the experience of negative interactions between group members, including bullying behaviour. Implications of the findings are discussed, including the need for strategies to safeguard against bullying behaviour in group work.

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## Introduction

A review of the literature on students' perceptions and experiences of group work in higher education suggests that for the majority of students these experiences are perceived as positive (Burdett 2003; Orr 2010; Payne et al. 2006; Maiden and Perry 2012; Walker 2001). Students view group work as enhancing their learning experience by providing preparation for work (Maiden and Perry 2012), experience of team and collaborative working (Orr 2010; Burdett 2003) and occasionally culturally diverse interactions (Montgomery, ND). However, there is also a large minority of students who express negative feelings towards group work. For example, after investigating the group work experiences of 105 final year business students attending an Australian University, Burdett (2003) reported that 36% of the students had not enjoyed their group work experience. Reasons for non-enjoyment included preferring to work alone, perceiving that they did most of the work with the workload being shared unfairly, and feeling disgruntled over the way in which marks were awarded. Similar reasons for not enjoying group-work were also found with a sample of first and second year undergraduate students taking a psychology course in an English university. The study's authors, Pauli et al. (2008), identified four factors associated with dysfunctional group work experience. These factors include unequal contribution, disorganisation, storming (a stage of group formation) and the emergence of fractionalised groups. The fractionalised group factor was characterized by excluding or isolating a member or picking on one person and the storming factor included intra-group gossiping and arguments, both of which are considered to be forms of bullying behaviour (Cooper and Curzio 2012). This is concerning considering that experiencing bullying behaviour can lead to the individual adopting coping strategies which include group avoidance (Schenk, and Fremouw 2012). It is worrying that this type of behaviour can and does occur, although in many respects it is not surprising considering that bullying behaviour is frequently reported amongst school-aged pupils (e.g., Horne, Stoddard and Bell 2007) and in the workplace (e.g., Hoel et al. 2010).

Both in the UK and abroad, there are very few studies which have examined bullying behaviour amongst university students. However, in 2008 the National Union of Students (NUS 2008), as part of a questionnaire survey into student experiences, included a section on students' experiences of bullying whilst at university. Their

results showed that whilst 7 per cent of their 3,135 student participants had experienced bullying, either by fellow students or members of staff, only 29 per cent of these students had reported it to someone at their university. More recently, Cooper and Curzio (2012) reported on pre-registration student nurses experiences and perceptions of peer bullying whilst studying at a London university. Their results showed that both at foundation and branch level, approximately 8% of students reported experiencing physical forms of bullying (i.e., striking the person or their property) whilst approximately 25% reported experiencing verbal (i.e., verbal abuse and name calling) and non-verbal (i.e., exclusion and the withholding of information) forms of bullying. What was also concerning about Cooper and Curzio's results was that a lot of the participants did not identify as bullying the types of behaviours which are considered to constitute bullying, e.g., striking another person, withholding information, intentionally lowering someone's self-esteem through making fun of them, ignoring or excluding behaviours. This latter result suggests that incidences of bullying amongst university students may therefore be higher than those reported by either the NUS (2008) or Cooper and Curzio (2012). A possible explanation for why students fail to identify some behaviour as bullying can be found in the work of Monks and Coyne (2011). In their book "Bullying in different contexts", Monks and Coyne (2011) discuss how in the UK the term "bullying" has historically been reserved for school bullying with other classifications been used to describe similar behaviours which occurs in specific situations and/or at specific stages of the lifespan. Examples include: domestic violence, peer victimization, elder abuse, systemic institutional abuse and harassment. Also, currently in the UK, there is no anti-bullying legislation, therefore if an individual or group wants legal address due to having experienced bullying they have to make their case based on legislation usually related to discrimination and/or harassment. The fact that in the UK the term bullying is primarily associated with school aged pupils may possibly be a reason for why some of the nursing students in Cooper and Curzio's (2012) study failed to identify some of the behaviours as bullying because they associate these behaviours with more adult classifications, for example, harassment, for which there is the opportunity for legal address. Because of differences in understanding about what constitutes bullying, and also because there is no universally accepted definition for bullying (Smith 2011), researchers have tended to provide their participants with a definition. An example of a given definition of bullying is given by,

Newman, Horne and Bartolomucci (2000) referred to as the double I-R rule of bullying. The first “I” refers to the behaviour as being intentional implying that harm was meant to come from the behaviour. The second “I” stands for imbalance of power in that the victim is of a lower standing and the R for insinuates that bullying behaviour is not a one off incident but a repeated act. However, as discussed by Smith (2011), whilst historically these definitions have included the need for the act to be repeated and for a power imbalance between the bully and victim, since the onset of cyber bullying this is no longer so clear cut.

As reported by both Burdett (2003) and Pauli et al. (2008) as well as other researchers (e.g., Maiden and Perry 2012; Myers et al. 2009; Orr 2010; Walker 2001), students perceiving inequalities in the contributions made between the different group members is one of the main reasons that students give for not enjoying group work. This is often because the student making the report perceives that s/he has made a greater contribution compared to other group members who, when the group work is contributing to a group assessment task, unfairly benefit by receiving the same or a similar mark to the other team members. Those students who make a much smaller contribution are commonly referred to as “freeloaders” or “social loafers” (Daly and Worrel 1993; Karau and Williams 1993; Orr 2010) because they are perceived as riding on the backs of the other group members.

Due to the previous literature demonstrating that not all HE students find group-work to be a positive experience and the possibility that some students may be experiencing bullying due to group-work participation, the following study was undertaken with the aim of identifying where improvements to practice are required. An online questionnaire was used as a private, convenient and non-pressured method of data collection. The survey was designed to assess both positive and negative experiences of group work in undergraduate and postgraduate students, including the reasons why some students fail to contribute equally to a task i.e. free loaders.

## **Method**

### **Participants**

All students taking courses in psychology, sociology and politics at a northern UK university were emailed invitations to participate in the study (N=1046 registered students). Fifty-eight (9 male, age range 18-55, mean = 26.37 [9.33] years) students returned completed questionnaires. Four had English as an additional language and 14 had previously attended a different university. A similar number of students participated from each of the degree levels, from first year (level 4) undergraduates up to and including Master's degree students (level 7) (level 4 25%; level 5 23.4%; level 6 32.8% and level 7 18.8%).

### **Context**

The students were responding to questions regarding various forms of group work. The majority of students had experience of both assessed and non-assessed group work, with only 7 participants having no experience of assessed group work and 3 with no experience of non-assessed group work. Group work was also considered when students had volunteered to work as a group rather than individually with 17 of the participants occasionally self-selecting group work (on 1-4 different occasions) and 5 reporting regular practice of self-selected group work (7 or more times). Group formation was either tutor led or self-selected. Examples of assessed group work typical to Psychology degree courses include; designing and exhibiting an academic style poster, writing a research proforma on a live wiki style document and collecting, analysing and reporting data which is written up as a group report. Examples of non-assessed group work projects are; completing a Problem-Based Learning activity which forms the base for individually written and assessed reports, designing a study and collecting data which is then written up and assessed as individual reports, presenting a non-assessed paper or theory to peers using PowerPoint. Normally the duration period for an assessed group work task would be longer than non-assessed projects with the former around 2-3 months compared to 2-4 weeks for the latter.

## Materials

An online survey was developed using Survey Monkey to assess students' perceptions of group work and observations of bullying and harassment in group work activities. The survey consisted of two main sections. Section A measured demographics using twelve questions including age, sex, level of study and responsibilities (including paid and voluntary work and caring for others such as children, partner, sibling or parent). Section B, which consisted of 4 subsections, focussed on the students' experiences of group work. Subsection 1 explored general experiences of group work including skills development. The items were derived from Burdett (2003) and students answered on a 4-point Likert scale, anchored strongly agree to strongly disagree. Examples of items are: "My experience of group work has been positive", "I found that I did most of the work during group work", "Group work had enabled me to develop important skills including negotiation skills with group members". Subsection 2 asked the students to rate the degree to which they had experienced negative aspects of group work, with the items adapted from Pauli et al. (2008). Students were required to rate the level of their previous experience on a 4-point Likert scale anchored from no experience to constant experience. Examples of items are: "Group problems seem to arise as deadlines approach", "Group member not completing their allocated work", "Other group members falling out with each other". Subsection 3 required the students to rate their own contribution to a group work task using a 4-point Likert scale again anchored from no experience to constant experience. Furthermore, students confirmed if they reported their contribution to be less than others in the group (i.e., freeloading) and to provide reasons for their lesser contribution from a range of 9 options including "I did not understand the task", "I did not like the group members", There was also an "other" option which could be elaborated upon by providing a written description. The final segment (Subsection 4) asked the students to report on their experiences of bullying/harassment behaviours, using a 5-point Likert scale anchored from never to constantly, based on Chapell et al. (2004). An opportunity was given for students to provide details of witnessed bullying or negative behaviours related to group work. The students were provided with the following definitions:

"Bullying is a behaviour characterized as being an intentional, repeated act of aggression or intention of harm towards an individual" (based on the Double I-R definition, Newman, Horne and Bartolomucci, 2000)

Harassment is when a person engages in unwanted conduct related to one or more of the following protected characteristics: disability, gender reassignment, marriage or civil partnership, pregnancy and maternity, race, religion or belief, sex or sexual orientation, and the conduct has the effect of violating another person's dignity or creating an intimidating, hostile, degrading, humiliating or offensive environment for them (Equality Act 2010, 13).

Qualitative questions were included to elicit more detail in areas of negative behaviours.

## Procedure

An invitation email sent to the students informed them of the purpose of the study, their ethical rights and provided a link to SurveyMonkey. Consent to use the data was sought using the final survey item "Are you happy for your responses to this survey to be used in our report?" This question had to be answered positively to complete the survey.

## Results

The majority of students (63.8%) reported positive experiences of group work, either agreeing (51.7%) or strongly agreeing (12.1%) with the statement "My experience of group work has been positive". As demonstrated in Figure 1, the majority of students acknowledged that group work was beneficial for developing a range of related skills.

**Figure 1. Percentage of participants reporting particular skills developed during group work experiences**

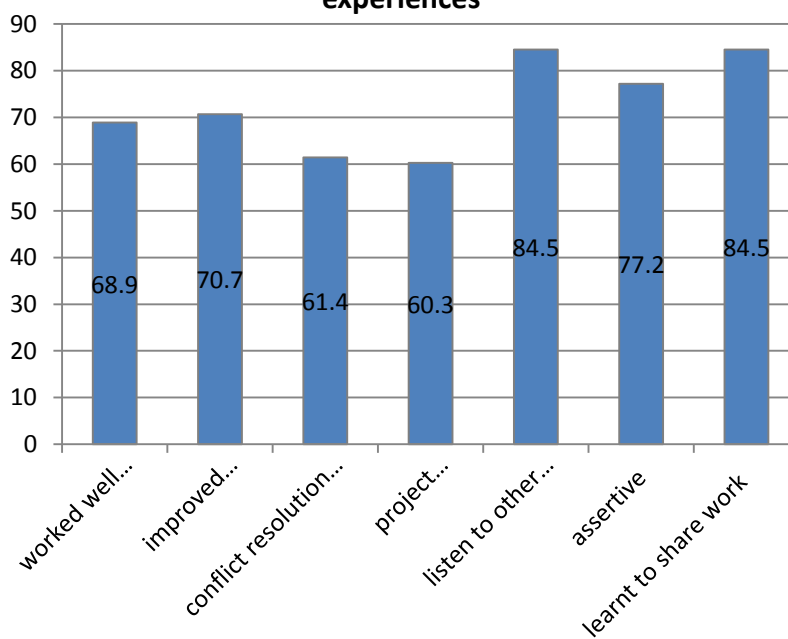
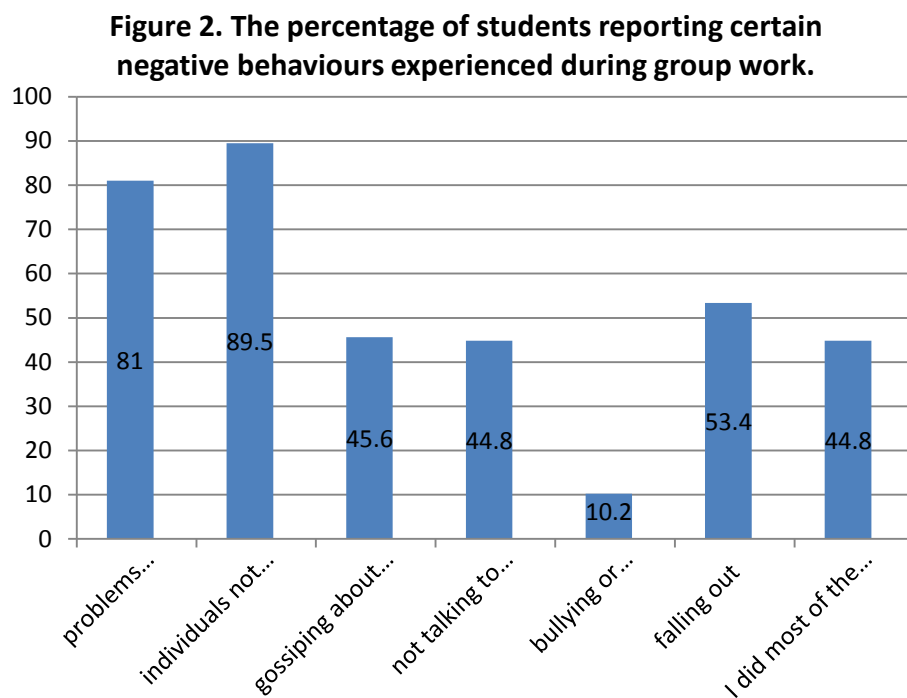




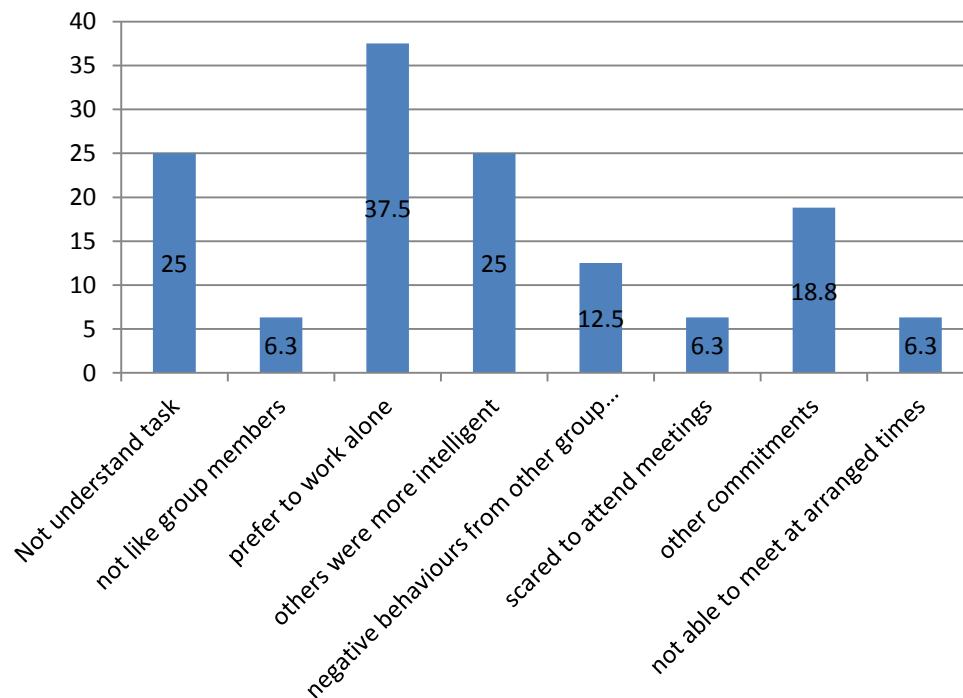
Figure 2 shows that students experienced a number of problems in their groups ranging from a very high response rate for “group members not completing their share of the work” and “problems as deadline approached” to a medium response rate for “falling out”, “gossiping”, “not talking to each other” and “I did most of the work”, to a low response rate for “bullying or harassment.”



Whilst over 40% of the students reported having done most of the work (Figure 2) just over a quarter (28.1%) of students reported that they personally had contributed less than other members of their group. The reasons that were given for this lesser contribution are presented in Figure 3. The most frequent responses were “preferring to work alone”, “not understanding the task” and “others were more intelligent than me” whilst the least frequent responses were “negative behaviours from other group members”, “not liking other group members” and “being scared to attend meetings”. Details provided in the “other” response option suggested that for some students, social anxiety led to reduced contribution to a group task or that their contribution was perceived as less because other group members completed more work than had been delegated to them. Therefore, those who only submitted the work that had been

allocated to them contributed less by default. The qualitative responses demonstrated frustration leading to sub-factions and negative behaviours. For example, one student described how other students in her group made negative comments about her work on Facebook but were very pleasant to her face. Another comment suggested that group members were excluded as another member failed to communicate with them. Others indicated their frustration and unfairness of the group work process, which was related to freeloading: for example, the "group work" that was submitted was the work of one member of the group but was attributed to all group members.

**Figure 3. Reasons for contributing less to a task than other group members (percentages)**



Just over 10% (n=6) of the students responded to the final question, which asked them to report on their experiences of bullying/harassment behaviours during group-work activities. Their written responses included examples of exclusion practices including group members being ostracised by other members who refused to work with them and group members making negative comments about other members in front of them. All of the written responses suggested that the behaviour constituted bullying rather than harassment. However, as the reasons why students were treated in this manner were inferred rather than made explicit, for example, in the above quotes the

excluding behaviour does not appear to be due to any of the criteria covered by the Equality Act (2010).

## **Discussion**

In line with previous studies, e.g., Burdett (2003), the majority of the students agreed that their previous experience of group work had been positive. However, there was a large minority who disagreed. What is of interest here, is that many of the students who reported negative experiences still regarded group work as important for developing work-related abilities including communication (assertiveness, listening to other people's views, and conflict resolution); and project management skills (learning to share the work load and to work as a team). This suggests that students who perceive their personal experience of group work negatively still recognise the value of group work for skill development.

Over 40% of the students reported doing most of the work for their group whilst just over 25% reported making a lesser contribution than other group members. This indicated that a large proportion of participants felt that they contributed more than other members to the task which is slightly contradictorily and presents a challenge for interpretation as in reality it is unlikely that 40% of group members deliver most of the work. There are two explanations for this finding; firstly it may reflect a response bias in that the respondents did feel that they contributed most of the work and this perceived lack of fairness in the group work process motivated them to respond to the survey. Secondly, it is conceivable, given the large number of students reporting to have contributed the most to a group work project, that the feeling of contributing more than other group members may not reflect the reality with students under valuing the contribution of other group members. The finding that 25% of participants made a lower contribution suggests that some group members who make a lesser contribution are prepared to acknowledge this, so therefore they may not view this behaviour as negatively as high contributing students do. In addition, it demonstrates that unequal contribution to group work is a genuine phenomenon as it is evidenced by both students who make a greater and a lesser contribution. One of the strengths of the present study design is that it asked those group members who made a lesser contributions the reasons for this behaviour. These reasons are considered next.

In the previous literature (e.g., Daly and Worrel, 1993; Karau and Williams, 1993; Orr, 2010), it is the students who perceive themselves to be making the largest contribution to the group work who are asked to give their reasons for why other students make a lesser contribution. Their explanations paint a negative picture of these students as "freeloaders" or "social loafers". However, in the present study it was the students who made the smaller contribution who were asked for their reasons for doing so. Whilst the most frequently given reasons were "preferring to work alone", "perceiving others as more capable" and "not understanding the task", a small number of students cited "negative behaviours from other group members", "being scared to attend meetings" "not liking other group members". Each of these responses is now considered in turn.

In regards to working alone, this was a reason given in Burdett's (2003) study, and suggests that some students do not fully participate in group work because they have a preference for working independently. This preference for independent work may be in part due to individual difference factors including mental health (Honey and Mumford 2001) and personality (Walker 2006). However, due to the design of the current study it is not possible to say why the students preferred to work alone but the afore-mentioned reasons are worthy of future investigation.

The responses, "perceiving others as more capable" and "not understanding the task" are considered together. Both of these responses suggest that these students may be lacking in confidence about their ability to make a satisfactory contribution to the group. When planning group activities tutors need to build in processes which enable less confident students to obtain clarification and/or assistance without it being brought to the notice of other group members as this could lead to bullying, victimization or harassment. One way this can be done is by the tutor having a system through which students can book a private appointment to discuss anything that they are concerned about with their course. If this is standard practice, then if students who require the task clarifying or who feel overpowered by their other group members attend, it is unlikely to be noticed or commented on by the other group members.

The responses "negative behaviours from other group members", "being scared to attend meetings" and "not liking other group members" are also considered together as they could all be due to the respondent having experienced bullying and harassment

behaviour by the other group members or to the student being concerned that they may experience these behaviours. Again, there is a need for further research here to identify the reasons why students provided these responses, but the written responses provided in the current questionnaire demonstrate that some students were experiencing bullying behaviour from other members of their group and that this was stopping them from making a full contribution.

There is virtually no previous research on the topic of bullying during group work in higher education, although Pauli et al. (2008) did identify fractionalised group behaviour, which has similar characteristics to the bullying behaviours described by Cooper and Curzio (2012). In the current study 10 percent of students reported that they had experienced bullying behaviour whilst engaged in group work. Although this figure is considerably lower than the rates reported by Cooper and Curzio (2012) it is higher than the rates reported by the NUS (2008). As discussed in the introduction, students vary in the specific behaviours that they classify as bullying. This variation could have been intensified in the current study as the measure that was used provided separate responses for bullying, gossiping about other members, not talking to each other and falling out. Interestingly, the latter three behaviours share similar characteristics to the bullying behaviours described by Cooper and Curzio (2012). Therefore, as the percentage of students who reported these three behaviours was much greater than those who reported experiencing bullying, future research needs to include a much clearer description of these behaviours, especially in regards as to whether or not they constitute bullying. After recognizing that bullying behaviour was a serious problem for many nursing teams, The Royal College of Nursing (Beale and Leather 2005) introduced a series of self-assessment tools. They encouraged nursing teams to use these tools with the aim of educating nursing staff as to the nature and prevalence of bullying behaviour within their team and to promote a culture change so that bullying was less likely to happen in the future. It could be that a tool of this nature needs to be used when students are working in groups in university settings.

As noted in the results section, it was also not clear from the written responses of the students who reported that they had been bullied, whether the behaviour constituted bullying or harassment. In the UK, this is an important consideration, as harassment is an illegal practice enshrined in law whilst for bullying to be an illegal act

it has to contain an element of harassment and/or discrimination as defined by law. It is possible that in the current study students avoided describing the behaviour that they experienced as harassment as they wanted to avoid any repercussion that might have arisen if they had reported being the recipient of illegal behaviour. Alternatively, it could be that many students do not have a clear understanding of what constitutes bullying or harassment or the differences between the two classifications.

There were a number of limitations to this study. The sample size was small and may present a response bias from those students who have had negative experiences, as they may have been more motivated to report these compared to those students who had only had positive experiences of group work. Furthermore, the students represented particular courses and their experiences may not reflect those on other courses, although some of the findings are in line with performing arts students (Orr 2010) and business students (Burdett 2003). Due to the design of the study it was impossible to gauge if positive or negative perceptions and experiences were related to how the group was formed. For example, if the students were allowed to choose who they worked with as opposed to having to work with students who they did know or who they had already formed a negative opinion of. Previous research has suggested that negative group experiences are perceived to be more common in tutor allocated groups than self-selected group (Mahenthiran and Rouse 2000) but others suggest that whilst students may prefer self-select groups (Burdett, 2003) in practice these groups still encounter negative group work issues (Maiden and Perry 2011). Due to the study design it was also not possible to fully establish the explanation behind the reason students gave for making a lesser contribution to the group work. Future studies could use interviews rather than questionnaires which would allow for deeper probing. Furthermore, since this survey was conducted at the end of the academic year it is reasonable to assume that the reporting was retrospective and memory of events may have been misrepresented. Future research is required in which perceptions towards group work are measured immediately after a group task is completed and at the start of a new group work task to investigate whether respondents maintain a consistent perception or if there are other factors besides previous experience which influence their perception of group work.

It is also notable that many of the students who reported their group work experience had been positive, still reported having experienced some of what are considered to be the more negative group work behaviours, for example, other members of the group not completing their share of the work, problems with approaching deadline and falling out within the group. As group work participation is important for skill development it would be beneficial if further research was carried out using regression or path analysis to establish the relationship between students' perceptions of group work, either positive or negative, and the type of experiences that they have had. This research could also examine if there are individual difference factors, for example, personality, learning styles, self-efficacy beliefs, coping styles and motivation, which mediate the relationship between experiences, and attitudes towards group work.

## **Conclusion**

The results of the present study and those of others (e.g. Pauli et al. 2008; Burdett 2003), suggest that for the majority of students higher education is providing a suitable environment to develop group working skills. However, universities are under increasing pressure to ensure that all students, not just the majority, receive a positive educational experience with good outcomes. The current study has demonstrated that for some students their experience of group work can include bullying and other negative behaviours, which can lead to students being unable to take a full active role within their groups. As with the Royal College of Nursing (Beale and Leather 2005), universities need to develop a culture where bullying is dealt with before rather than after it has happened. It is therefore suggested that further research needs to be carried out in this area and that measures need to be put into place so that the potential for bullying and other negative behaviour is identified and mitigated against before it happens.

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