Is surgery more effective than non-surgical treatment for spinal stenosis and which non-surgical treatment is more effective? a systematic review

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Figure 1. Flow diagram of selection process of studies

Potentially relevant citations after electronic and hand search and reference checking (n= 653). First screening of abstracts by 2 reviewers

Second screening of abstracts by 2 reviewers (n = 141)

Third screening of full articles – consensus meeting (n = 43)

Full and relevant articles entered for review: N = 31

* = survey of practice, imaging studies, prognosis, recommendations, technical study etc

DH = patients with disc herniation