Sheffield Hallam University

Commercial provider staff experiences of the NHS low calorie diet programme pilot: a qualitative exploration of key barriers and facilitators

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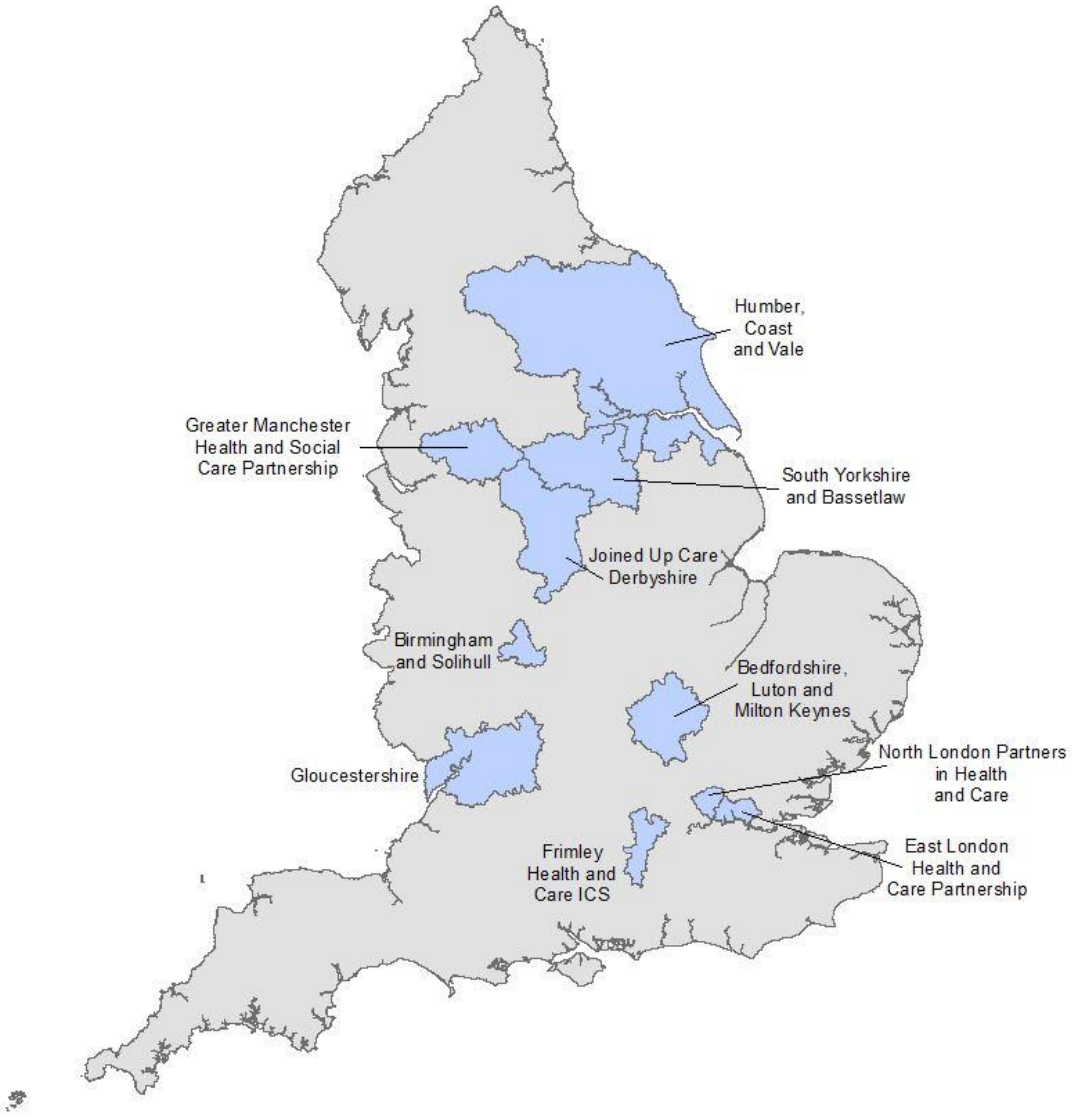
Additional File 1

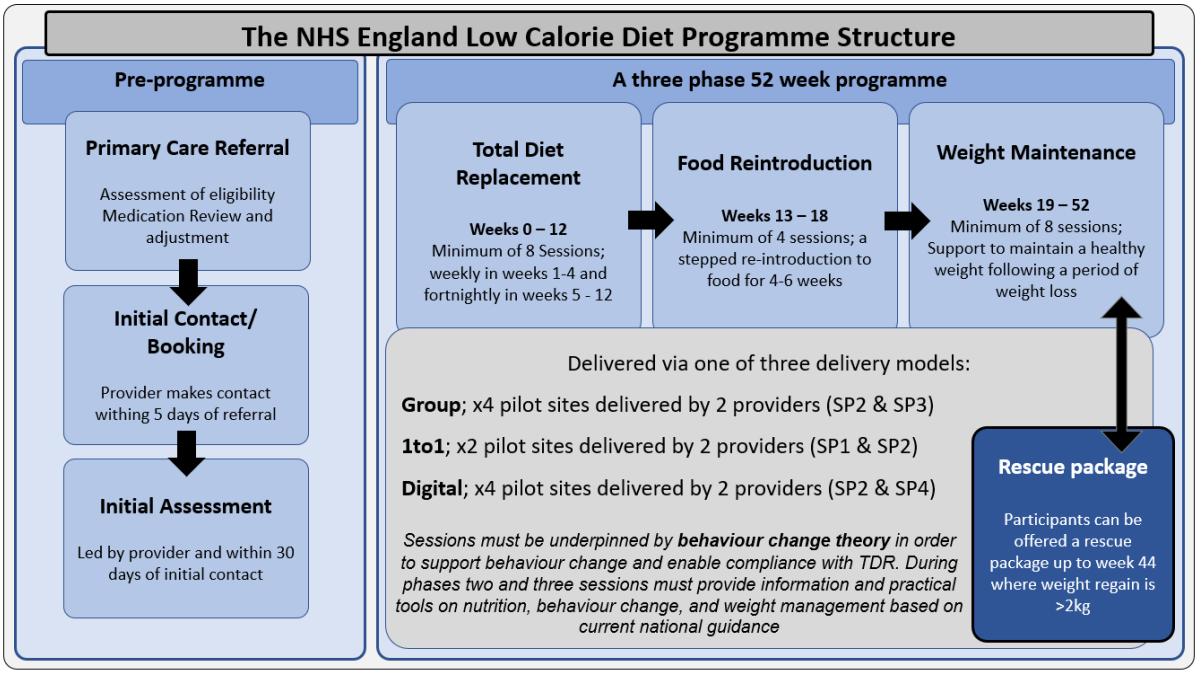
Overview of the first 10 localities commissioned by NHS E

Localities	Delivery Model
Bedfordshire, Luton and Milton Keynes	Digital
Birmingham and Solihull	Group
Derbyshire	Group
Frimley	1:1
Gloucestershire	Digital
Greater Manchester	Group
Humber Coast and Vale	Digital
North Central London	Digital
North East London	Group
South Yorkshire, and Bassetlaw	1:1



Geographical locations of the ten pilot sites; updated to April 2021 Integrated Care System configurations: taken from the Strategic Health Asset Planning Evaluation tool (SHAPE)

The NHS Low Calorie Diet Programme Delivery Structure



The four providers used different TDR product brands with large difference in range of products and flavours available. One provider provided 6 different options (soups and shakes) while a second provided 89 different options (soups, shakes, smoothies, bars, breakfasts, and pre-prepared meals). The other two providers provided 15 (soups, shakes, smoothies, and porridge) and 7 (soups, shakes and bars) options respectively.