

# Experiences and facilitators of physical activity engagement amongst colorectal and endometrial cancer survivors: the Wearable Activity Technology and Action-Planning (WATAAP) trial

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# **Supplementary File 1**

# **Standards for Reporting Qualitative Research (SRQR)\***

http://www.equator-network.org/reporting-guidelines/srqr/

Page/line no(s).

# Title and abstract

<b>Title</b> - Concise description of the nature and topic of the study Identifying the	
study as qualitative or indicating the approach (e.g., ethnography, grounded	
theory) or data collection methods (e.g., interview, focus group) is recommended	1
<b>Abstract</b> - Summary of key elements of the study using the abstract format of the	
intended publication; typically includes background, purpose, methods, results,	
and conclusions	2

# Introduction

Problem formulation - Description and significance of the problem/phenomenon	
studied; review of relevant theory and empirical work; problem statement	3-4
Purpose or research question - Purpose of the study and specific objectives or	
questions	4

# Methods

Qualitative approach and research paradigm - Qualitative approach (e.g., ethnography, grounded theory, case study, phenomenology, narrative research) and guiding theory if appropriate; identifying the research paradigm (e.g.,	
postpositivist, constructivist/ interpretivist) is also recommended; rationale**	5
Researcher characteristics and reflexivity - Researchers' characteristics that may influence the research, including personal attributes, qualifications/experience, relationship with participants, assumptions, and/or presuppositions; potential or actual interaction between researchers' characteristics and the research questions, approach, methods, results, and/or transferability	6
Context - Setting/site and salient contextual factors; rationale**	5
Sampling strategy - How and why research participants, documents, or events	
were selected; criteria for deciding when no further sampling was necessary (e.g.,	
sampling saturation); rationale**	5
<b>Ethical issues pertaining to human subjects</b> - Documentation of approval by an appropriate ethics review board and participant consent, or explanation for lack thereof; other confidentiality and data security issues	5
	, ,
Data collection methods - Types of data collected; details of data collection	
procedures including (as appropriate) start and stop dates of data collection and	
analysis, iterative process, triangulation of sources/methods, and modification of	F C
procedures in response to evolving study findings; rationale**	5, 6

Data collection instruments and technologies - Description of instruments (e.g., interview guides, questionnaires) and devices (e.g., audio recorders) used for data collection; if/how the instrument(s) changed over the course of the study	5
Units of study - Number and relevant characteristics of participants, documents, or events included in the study; level of participation (could be reported in results)	6
<b>Data processing</b> - Methods for processing data prior to and during analysis, including transcription, data entry, data management and security, verification of data integrity, data coding, and anonymization/de-identification of excerpts	5, 6
<b>Data analysis</b> - Process by which inferences, themes, etc., were identified and developed, including the researchers involved in data analysis; usually references a specific paradigm or approach; rationale**	6
<b>Techniques to enhance trustworthiness</b> - Techniques to enhance trustworthiness and credibility of data analysis (e.g., member checking, audit trail, triangulation); rationale**	6

# **Results/findings**

<b>Synthesis and interpretation</b> - Main findings (e.g., interpretations, inferences, and themes); might include development of a theory or model, or integration with prior research or theory	7-12 & 12-14
<b>Links to empirical data</b> - Evidence (e.g., quotes, field notes, text excerpts, photographs) to substantiate analytic findings	7-12

#### Discussion

Integration with prior work, implications, transferability, and contribution(s) to the field - Short summary of main findings; explanation of how findings and	
conclusions connect to, support, elaborate on, or challenge conclusions of earlier scholarship; discussion of scope of application/generalizability; identification of	
unique contribution(s) to scholarship in a discipline or field	12-14
Limitations - Trustworthiness and limitations of findings	14-15

#### Other

Conflicts of interest - Potential sources of influence or perceived influence on study conduct and conclusions; how these were managed	15
<b>Funding</b> - Sources of funding and other support; role of funders in data collection, interpretation, and reporting	N/A, 15

# Reference:

O'Brien BC, Harris IB, Beckman TJ, Reed DA, Cook DA. **Standards for reporting qualitative research: a synthesis of recommendations.** *Academic Medicine*, Vol. 89, No. 9 / Sept 2014 DOI: 10.1097/ACM.000000000000388