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HEXT, Andrew <http://orcid.org/0000-0003-2070-6601>, HETTINGA, Florentina Johanna and MCINERNEY, Ciarán

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Tactical positioning behaviours in short-track speed skating: A static and dynamic sequence analysis

Andrew Hext^a*, Florentina Johanna Hettinga^b, Ciarán McInerney^c

^a Sports Engineering Research Group, Sport & Physical Activity Research Centre, Sheffield Hallam University, Sheffield, United Kingdom.

^b Department of Sport, Exercise & Rehabilitation, Faculty of Health and Life Sciences, Northumbria University, Newcastle Upon Tyne, United Kingdom.

^c Academic Unit of Primary Medical Care, University of Sheffield, Sheffield, United Kingdom.

*Corresponding author: Andrew Hext, Sports Engineering Research Group, Sheffield Hallam University, AWRC, Olympic Legacy Park, 2 Old Hall Road, Sheffield, S9 3TU, United Kingdom, a.hext@shu.ac.uk

ORCID:

Andrew Hext, http://orcid.org/0000-0003-2070-6601

Florentina Johanna Hettinga, https://orcid.org/0000-0002-7027-8126

Ciarán McInerney, https://orcid.org/0000-0001-7620-7110

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1 Abstract

2 Tactical positioning is essential for success in short-track speed skating as the race format 3 (direct, head-to-head competition over multiple laps) prioritises finishing position over 4 finishing time. Despite this, current research into tactical positioning treats the race's laps as 5 discrete, independent events. Accordingly, the aggregate metrics used to summarise each 6 lap's tactical positioning behaviour do not allow us to explore the sequential nature of the 7 data, e.g., Lap 2 occurs after Lap 1 and before Lap 3. Here, we capture the sequential 8 relationships between laps to investigate tactical positioning behaviours in short-track speed 9 skating. Using intermediate and final rankings from 500 m, 1,000 m, and 1,500 m elite short-10 track races, we analyse whole-race and sub-race race sequences of group and winner tactical 11 positioning behaviours. This approach, combined with a large dataset of races collected over 12 eight seasons of competition (n = 4,135), provides the most rigorous and comprehensive 13 description of tactical positioning behaviours in short-track speed skating to date. Our results 14 quantify the time-evolving complexity of tactical positioning, offer new thoughts on race 15 strategy, and can help practitioners design more representative learning tasks to enhance skill 16 transfer.

17 Keywords

18 Performance analysis; tactics; decision-making; athlete-environment interactions;

19 interpersonal competition; sequence analysis.

20 Introduction

21 Short-track speed skating is a form of competitive ice speed skating that consists of

- 22 individual events (500 m, 1,000 m, 1,500 m) and relay events (2,000 m, 3,000 m, 5,000 m)
- 23 performed anticlockwise on a 111.12 m oval (International Skating Union, 2021). In all

24 events, athletes and teams must qualify through several rounds of competition to reach the 25 medal contest (e.g., heats, quarterfinals, and semi-finals), with each qualifying race 26 characterised by multiple skaters or teams (typically four to six) racing head-to-head at 27 speeds exceeding 11 m/s (Bullock et al., 2008; ISU, 2021). Critically, advancement through the competition and medal colour depends on an athlete's or team's finishing rank and not 28 29 their finishing time. For example, an athlete could win/ qualify from *semi-final 1* with a 30 slower finishing time than an athlete who failed to qualify from semi-final 2 (Hext et al., 31 2022). For this reason, an athlete's decisions regarding how and when to invest their limited 32 energy resources – both before (strategic) and during (tactical) the race – are considered 33 essential for success (Hext et al., 2017, 2022; Muehlbauer & Schindler, 2011). This goal-34 directed regulation of exercise intensity is known as 'pacing' (Abbiss & Laursen, 2008).

35 In recent years, researchers have highlighted the importance of athlete-environment 36 interactions for understanding pacing behaviour, i.e., the outcome of the strategic and tactical 37 decision-making process (Hettinga et al., 2017; Konings & Hettinga, 2018c; Renfree et al., 38 2014; Renfree & Casado, 2018; Smits et al., 2014). For example, factors that characterise the 39 environment in short-track speed skating, such as the competition stage, the competition 40 importance, and preceding race efforts, all alter pacing behaviour (Konings & Hettinga, 41 2018b, 2018d). Arguably the most crucial athlete-environment interaction for understanding 42 pacing behaviour in short-track speed skating is those between athlete and opponent 43 (Hettinga et al., 2017; Hext et al., 2022; Konings & Hettinga, 2018c). Konings & Hettinga 44 (2018a) showed that the high variability observed in between-race finishing times is 45 primarily due to athletes altering their pacing behaviour to that of other opponents, 46 particularly during the race's early stages. Furthermore, drafting possibilities, competing for 47 the optimum line, avoiding collisions, minimising fall risk, and overtaking all represent other 48 athlete-opponent interactions that may cause an athlete to alter their pace (Konings et al.,

2016; Noorbergen et al., 2016). For these reasons, previous research has investigated tactical
positioning – i.e., athletes ranking within the race (1st, 2nd, 3rd, 4th, etc.) – to help contextualise
pacing behaviour (Konings et al., 2016; Noorbergen et al., 2016), explore how it can be
learned (Menting et al., 2019), and as a subject in its own right, based on position being the
most important performance outcome (Haug et al., 2015; Hext et al., 2022; Maw et al., 2006;
Muehlbauer & Schindler, 2011; Sun et al., 2021).

55 Our understanding of tactical positioning in short-track speed skating is based on two 56 levels of analysis: group and individual behaviours. The group level of analysis focuses on 57 the collective behaviour of all athletes in the race, with researchers quantifying the tactical importance of athlete ranking at the race start and end of each lap by using Kendall's Tau-b, 58 τ_b , to measure the similarity between athletes' intermediate and final rankings (Haug et al., 59 60 2015; Konings et al., 2016; Maw et al., 2006; Menting et al., 2019; Muehlbauer & Schindler, 61 2011; Noorbergen et al., 2016; Sun et al., 2021). In contrast, the individual level of analysis 62 focuses on the tactical positioning behaviours of individuals and usually those of the winner, 63 assuming that they are the most successful at the decision-making process and, therefore, their actions are of interest (Konings et al., 2016). In this scenario, researchers quantify how 64 65 winners position themselves at the race start and end of each lap by calculating the proportion of races where they skated at each ranking or their mean rank (Bullock et al., 2008; Konings 66 et al., 2016; Maw et al., 2006; Muehlbauer & Schindler, 2011; Noorbergen et al., 2016; Sun 67 68 et al., 2021). Typically, researchers only use the group level of analysis to infer race strategy. Although, on occasions, both group and winner behaviours are used. For example, 69 70 Noorbergen et al. (2016) concluded that tactical positioning is crucial from the race start in 71 the 500 m as there was a positive association between athletes' start position and final 72 rankings ($\tau_b = 0.38$), and 51% of winners started in first position.

73 Without underestimating these approaches' insights, the methods used to investigate 74 tactical positioning behaviours treat the race start and each lap as discrete, independent 75 events. Accordingly, the aggregate metrics used to summarise each lap do not allow us to 76 explore the sequential nature of the data, e.g., Lap 2 occurs after Lap 1 and before Lap 3. In Table 1, we demonstrate how this limits our capacity to understand tactical positioning by 77 78 analysing the tactical positioning behaviour of winners for the 'Start' and 'Lap 1' in 10 races. 79 Using traditional discrete lap analyses, Table 1 shows that 50% of winners started in 1st 80 position (mean rank: 1.8 ± 0.9), and 60% were ranked 1st at the end of Lap 1 (mean rank: 1.6 81 \pm 0.8). The standard interpretation of such results would infer that: (1) tactical positioning is 82 crucial from the race start, and (2) acknowledge that some variation in tactics exists based on 83 the relatively high standard deviation in winner rank. Now let us consider the data's 84 sequential structure and produce ten race sequences of the form: (Start position, Lap 1 rank). 85 First, Table 1 shows that only one race had a sequence where the winner started and remained in 1st, i.e., (1, 1). Such a finding would question the discrete lap analysis's interpretation that 86 87 tactical positioning is crucial from the race start. Second, analysis of the ten sequences allows 88 us to surmise the different winning tactical positioning behaviours, unlike the discrete lap 89 analysis, which could only propose their presence. Table 1 reveals five unique winning 90 sequences: (1, 3), (1, 2), (1, 1), (3, 1), and (2, 1), and identifies the modal sequence as (3,1), 91 appearing in 3 out of 10 sequences. Note that this measure of central tendency also respects 92 the semantic definition of rank, unlike the mean, as an athlete cannot occupy a ranking of 1.8 93 or 1.6. Both examples highlight how techniques that capture the relationship between discrete 94 events offer a deeper understanding of performance in sport (Borrie et al., 2002). 95 State sequence analysis is a statistical framework for identifying patterns in 96 temporally ordered lists of objects, states, or events (Lowe et al., 2020). Originally used for

97 sequence matching in bioinformatics and later developed for investigating longitudinal

98 patterns in the social sciences (Abbott & Tsay, 2000; Ritschard & Studer, 2018), researchers 99 have since applied sequence analysis to a variety of domains (Conway et al., 2019; Lowe et 100 al., 2020; Roux et al., 2019; Vanasse et al., 2020). We recently demonstrated the utility of 101 state sequence analysis for investigating tactical positioning in short-track speed skating 102 (Hext et al., 2022). We showed that the higher level of measurement granularity afforded by 103 the state sequence analysis better captured the complexity of tactical positioning. In the 1,000 104 m event, we detected 1,269 unique sequences of group behaviour compared to the single 105 sequence produced by the traditional discrete lap approach, which combined the aggregate 106 metrics used to summarise each lap. We concluded that capturing this complexity offers a 107 more detailed understanding of tactical positioning that could enhance the strategic and 108 tactical decisions essential for success in short-track speed skating (Hext et al., 2022).

109 For these reasons, this study investigates tactical positioning in short-track speed 110 skating using state sequence analysis. Specifically, we use static and dynamic sequence 111 analysis to investigate group and winner tactical positioning behaviours in the 500 m, 1,000 112 m, and 1,500 m events. The static sequence analysis provides an overall view of tactical 113 positioning behaviours as it treats the complete race sequence (start to end) as a single unit of 114 analysis. The dynamic sequence analysis provides a more nuanced view of how tactical 115 positioning evolves throughout the race as it evaluates nested race sequences with a constant 116 endpoint (the final lap) but varying start points (e.g., Lap 1, Lap 2, Lap 3). To comment on 117 the utility of accounting for the dataset's sequential structure, we compare our results with the 118 most up-to-date, complete race, discrete lap analyses of group and winner behaviours 119 (Konings et al., 2016; Noorbergen et al., 2016). As such, we do not stratify our analysis by 120 different environmental factors in this study.

121 Method

122 This study was approved by the Research Ethics Committee at Sheffield Hallam University,123 UK.

124 Dataset

- 125 Our dataset consisted of 10,804 races (500 m = 4,308; 1,000 m = 4,056; 1,500 m = 2,440),
- 126 from 62 competitions (44 World Cups, 8 European Championships, 8 World Championships,
- 127 and 2 Winter Olympic Games), over an 8-season period (2010/11 to 2017/18). All data was
- 128 retrieved from the International Skating Union's results website
- 129 (https://shorttrack.sportresult.com/). For each race, the dataset contained all competitors'
- 130 starting position, intermediate rankings, and final rankings. The dataset coded starting

131 positions from 1 (innermost track position) to *n* (outermost track position) and intermediate/

132 final rankings from 1 (leading athlete) to *n* (last athlete). Note the deliberate distinction in

133 terminology between start position and intermediate/ final rankings: at the race start, all

athletes have the same ranking but different spatial positions as they are distributed across astart line perpendicular to the direction of the track (Hext et al., 2022).

136 Before analysing the dataset, we excluded races with falls, disqualifications, missing 137 values, tied intermediate rankings, and races where the number of athletes competing was not 138 equal to the event's modal value, i.e., 4 athletes for the 500 m and 1,000 m, and 6 athletes for 139 the 1,500 m. These strict inclusion criteria were in line with previous short-track speed 140 skating research (Hext et al., 2022; Konings et al., 2016; Noorbergen et al., 2016). Our final dataset included 4,135 of the 10,804 races (500 m = 2,020, 46.9%; 1,000 m = 1,549, 38.2%; 141 142 1,500 m = 566, 23.2%). We provide a complete breakdown of our cleaning procedure in 143 Supplemental Table 1.

144 Data analysis

145 Sequence definition

146 We consider a sequence, x_i , as an ordered, discrete-time series of elements, a, of length, l, that can be represented as $(a_1, a_2, ..., a_n)$, where $l_{(x_i)} = a_n$. The discrete-time series 147 148 represents the points in the race where we measure athlete rank: the race start and end of each 149 lap. Each element in the series has a state that belongs to a finite set of states that characterise 150 tactical positioning behaviour, i.e., the state-space. We use two different state spaces to 151 characterise tactical positioning behaviour. The first state-space characterised the group's 152 tactical positioning behaviours. As described in Hext et al. (2022), we quantified the group's tactical positioning behaviour by measuring the similarity between start/intermediate and 153 final rankings in each race using Kendall's Tau-b, τ_b . A Kendall's $\tau_b = 1$ represents a perfect 154 155 agreement between start position/ intermediate and final rankings, and a Kendall's $\tau_b = -1$ represents a perfect disagreement. The second state-space characterised the winner's tactical 156 157 positioning behaviours and included all possible athlete rankings. We summarise each 158 event's group and winner behaviour state-space in Table 2 of the Supplemental material.

159 Static and dynamic sequence formation

160 We formed static and dynamic sequences for each race in the dataset. Figure 1 illustrates this process. Our static analysis generated a complete race sequence of the group's and winner's 161 162 tactical positioning behaviours. For example, the winner's tactical positioning behaviour, (4, 4, 1, 1, 1, 1), indicates that the winner started and remained in 4th until Lap 2. From this point 163 164 onwards, the winner was ranked first at the end of each lap. Note that in Figure 1, we 165 represent all sequences using the state-permanence-sequence format (Aassve et al., 2007). In this format, each successive distinct state in a sequence is given together with its duration, t, 166 so that $x_i = (a_1, t_1) - (a_2, t_2) - \dots - (a_n, t_n)$. Accordingly, we represent the winning 167

168 sequence, (4, 4, 1, 1, 1, 1), as (4, 2) – (1, 4). Given the length of our sequences, particularly in 169 the 1,500 m event ($l_{(x)} = 15$), we will use this format for the remainder of the manuscript.

170 Our dynamic analysis generated nested sequences of the group's and winner's tactical 171 positioning behaviours. The nested sequences had a constant endpoint (the race's final lap) but varying lengths. The number of nested sequences for each race was equal to $1 - l_{(x_i)}$, 172 where $l_{(x_i)}$ is the number of elements in the static race sequence. Starting from Lap 1, we 173 incremented the start point of each nested sequence by one lap until the start point equalled 174 175 the race's final lap. As demonstrated in Figure 1, we create five nested sequences (Lap 1–5, Lap 2–5, ..., Lap 5) from the six elements (Start, Lap 1, ..., Lap 5) in the 500 m. Overall, the 176 177 static and dynamic sequences formed 6, 10, and 15 sequence periods in the 500 m (4.5 laps), 178 1,000 m (9 laps), and 1,500 m (13.5 laps), respectively. Here, note that our analysis uses Lap 1 to represent the tactical positioning behaviours at the end of the initial half-lap in the 500 m 179 180 and 1,500 m events.

181 Sequence metrics

For each sequence period, we calculated the number of unique sequences, n_x , and the 182 sequence duplication rate, $sdr = \left(1 - \left(\frac{n_x}{n}\right)\right) \cdot 100$, where *n* is the number of races in the 183 184 dataset. A sequence duplication rate of 0% indicates that no sequences are the same, and a sequence duplication rate of 100% indicates that all sequences are the same. In addition, we 185 186 calculated each sequence's absolute and relative support. A sequence's absolute support, 187 $sup(x_i)$, denotes the number of times the sequence occurs in the sequence period, with its relative support, $relSup(x_i) = \left(\frac{sup(x_i)}{n}\right) \cdot 100$ (Fournier-Viger et al., 2017; Hext et al., 188 189 2022). For example, in a dataset of 1,000 races, an absolute support of 500 would indicate that 500 races had the same sequence of tactical positioning behaviours, representing a 190

relative support of 50%. We performed all sequence analyses in MATLAB 2021b and usedthe R statistical programming language (version 4.0.0) to interrogate the data.

193 **Results**

194 Figure 2 quantifies the time-evolving complexity of tactical positioning in short-track speed 195 skating. First, note that regardless of the level of analysis (group or winner behaviour), the 196 complexity of tactical positioning increases with race distance, i.e., the static sequence 197 duplication rates decrease (Start–Lap *n*). Second, tactical positioning becomes less complex 198 as the race progresses, i.e., the dynamic sequence duplication rates increase as the length of 199 the nested sequences decreases. Here, the only exception is the start of the 1,500 m. Until the 200 sequence period Lap 5–15, the group sequence duplication rates remain at 0%. In other 201 words, all observed sequences are unique. Finally, the group tactical positioning behaviour is 202 more complex than the winner and, as a result, converges to 100% slower. That is, the group 203 sequence duplication rate is always lower than the winner sequence duplication rate, for each 204 sequence period, in all events.

205 Figure 3 illustrates the time-evolving distribution of all detected sequences' relative 206 support, with Table 2 reporting the most frequent sequence for each period. We provide the 207 complete list of unique group and winner sequences and their associated support in the 208 supplemental material. Note that for all events and levels of analysis, the median support is 209 always close to 0%. In other words, exact group and winner behaviours typically do not 210 reoccur on multiple occasions. Nevertheless, we did identify behaviours that frequently 211 recurred, i.e., sequences with a support greater or equal to the inner fence: Q3 +212 (1.5 * Interguartile range) (Tukey, 1977). Generally, the most frequent sequence 213 represents behaviours where the winner is ranked first, and the group order mimics the final 214 rankings for the entirety of the race. The only exception is in the 1,500 m event, where we

only saw this group behaviour from the sequence periods Lap 11–14 onwards. When considering the complete static race sequence, the support for these group and winner behaviours is greatest in the 500 m and decreases with race distance. When considering the dynamic race sequences, the support increases as the race progresses and is always greater for the winner, regardless of the event.

220 **Discussion**

221 We have used static and dynamic sequence analysis to investigate tactical positioning 222 behaviours in short-track speed skating. To our knowledge, we are the first to use this 223 statistical framework in short-track speed skating performance analysis. Whereas existing 224 research treats laps as discrete events, we captured the sequential relationship between these 225 events for the entire race sequence (static) and nested race sequences with a constant 226 endpoint but varying lengths (dynamic). By combining this approach with a large dataset of races collected over eight seasons (n = 4,135), our results provide the most rigorous and 227 228 comprehensive description of tactical positioning behaviours in short-track speed skating to 229 date.

230 A key feature of our sequence analysis is that we do not use aggregate metrics to 231 summarise each lap. Instead, we form sequences that capture the athlete-opponent 232 interactions throughout – and specific to – each race. In doing so, we provide stronger 233 evidence that reaffirms several beliefs about tactical positioning in short-track speed skating. 234 For example, current discrete lap analyses suggest that tactical positioning is crucial from the 235 race start in the 500 m because the start/ intermediate rankings (end of each lap) positively 236 correlate with the final rankings (Haug et al., 2015; Maw et al., 2006; Muehlbauer & 237 Schindler, 2011; Noorbergen et al., 2016). However, as this evidence evaluates each lap 238 independently from all other laps, it can only infer – rather than show – that winners adopt a

239 skate-from-the-front strategy during races. In contrast, our analysis considers how each 240 winner positioned themselves from one lap to the next for the entirety of the race. 241 Accordingly, our finding that nearly one in every two races was won by the athlete starting 242 and remaining in first position (relSup = 47.5%) is stronger empirical evidence that 243 controlling the race from the front is a key determinant of success in the 500 m. Similarly, 244 current discrete lap analyses propose that athletes reduce their effort to skate-from-the-front 245 as the race distance increases (Muehlbauer & Schindler, 2011; Noorbergen et al., 2016; Sun 246 et al., 2021) and that the number of ways to win increases with the race distance (Sun et al., 247 2021). The former is inferred from positive correlations between start/ intermediate rankings 248 and final rankings decreasing, and the latter is inferred from the standard deviation of the 249 winner's rank increasing. Our analysis provides stronger empirical evidence as we can show that: (1) the support for the skate-from-the-front strategy decreases ($relSup_{500 m} = 47.5\%$, 250 $relSup_{1,000 m} = 8.1\%$, $relSup_{1,500 m} = 0.5\%$); and (2) the winner's sequence duplication rate 251 decreases $(sdr_{500 m} = 94.1\%, sdr_{1,000 m} = 57.7\%)$, and $sdr_{1,500 m} = 0.7\%)$, as the race 252 253 distance increases.

254 While confirming established ideas on tactical positioning behaviours in short-track 255 speed skating, our analysis also offers new perspectives. For example, we found that the most 256 recurring winning behaviour in the 1,000 m and 1,500 m events was to skate-from-the-front. 257 With seven laps to go, this sequence represented at least one in every four races $(relSup_{1.000 m} = 30.5\%, Lap 3-9; relSup_{1.500 m} = 24.7\%, Lap 8-14)$. This strategy differs 258 259 from current discrete lap analyses, which advocate that athletes should conserve energy by occupying a ranking other than first until Lap 6 (1,000 m) and Lap 10 (1,500 m), because 260 261 there is not a strong relationship between intermediate and final rankings before this 262 (Konings et al., 2016; Noorbergen et al., 2016). Note that we ensured this finding was due to 263 our sequence analysis rather than due to analysing different datasets (8 seasons from 2010/11

264 to 2017/18 compared to 1 season from 2012/13) by replicating the traditional discrete lap analysis on our dataset. As illustrated in the Supplemental Material (Supplemental Figures 1– 265 266 4), there were no discernible differences between the two datasets – and the inferences drawn 267 - when treating laps as discrete events. Our observation of this most-recurring sequence suggests that some winners choose to forgo the physiological benefit of drafting and lead for 268 269 the majority. This decision, in part, may be due to: (1) the athlete deciding that the difficulty 270 in overtaking is more costly than having other competitors benefit from drafting them 271 (Hoffman et al., 1998); and (2) attempting to mitigate the risk of falls associated with 272 collisions (Hext et al., 2022). Such a strategy, therefore, may be more suited to an athlete 273 with a higher perception of risk (Micklewright et al., 2015). While we do not endorse one 274 strategy over another, it is clear that more than one winning strategy exists. Importantly, 275 sequence analysis allows us to capture and broaden our understanding of the different race 276 strategies adopted in short-track speed skating.

277 Our analysis also has several more direct implications for race strategy and 278 performance research in short-track speed skating. First, we provide an empirical list of group 279 and winner behaviours, and their associated support, at any stage of the race. We hope that 280 practitioners can use this list to: (1) support the formulation of race strategies and tactics; and 281 (2) inform the design of practice constraints and learning tasks that represent the performance 282 environment and thus enhance the transfer of skill from training to competition (Pinder et al., 283 2011). Second, we believe both researchers and practitioners should use individual levels of 284 analysis to inform race strategy rather than the norm of using group behaviour, as the latter is 285 more complex and therefore appears to underestimate the importance of tactical positioning 286 for an individual, particularly during the race's earlier stages. For example, consider the 287 1,000 m event where the most recurring group and winner sequence supported a skate-from-288 the-front strategy. For the sequence period Lap 2–9 (89% of the total race distance), the

winner support for this strategy was at least 1 in 5 races (relSup = 22.2%) compared to at 289 290 least 1 in 20 races for the group behaviour (relSup = 5.2%). Third, future work should 291 explore detecting commonalities between unique sequences to create a taxonomy of tactical 292 positioning behaviours. Such a taxonomy would enhance our understanding of the different 293 race strategies and tactics utilised in short-track speed skating by capturing the latent 294 structures of the many behaviours observed. State sequence analysis is well suited for this 295 work because it offers a suite of metrics and methods for estimating sequence dissimilarity 296 and building sequence typologies (Lowe et al., 2020; Ritschard & Studer, 2018). Finally, 297 future work should replicate our sequence analysis for different race scenarios because 298 previous research has shown that environmental factors, such as the season, competition 299 round, whether athletes are male or female, and the competition importance, can evoke 300 modifications in tactical positioning or pacing behaviour (Konings & Hettinga, 2018b; Maw 301 et al., 2006; Muehlbauer & Schindler, 2011; Sun et al., 2021). Such analyses would help 302 coaches and athletes tailor their race preparation for the relevant performance environment. 303 While our work represents an advance in tactical positioning analysis in short-track 304 speed skating, we should note two limitations. First, our dataset only represented race 305 scenarios with each event's modal number of athletes, no falls, and no disqualifications. 306 While these strict inclusion criteria resulted in our analysis excluding over half of each 307 event's data, we could compare our sequential analysis directly with results from traditional 308 analyses. Second, our sequences only characterised group and winner behaviour at the race start and end of each lap. Accordingly, we could not characterise within-lap position changes 309 310 as this exceeds the dataset's resolution. For example, an athlete may start and finish a lap ranked 2nd but be ranked 1st halfway through the lap. Note, however, that this issue is present 311 312 in all studies that use competition results to investigate tactical positioning behaviours in 313 short-track speed skating.

314 Conclusion

315 Tactical positioning behaviour is a complex process that emerges from multiple athletes

- 316 interacting continuously over many laps. By accounting for the sequential structure of these
- 317 interactions, we can begin to quantify and decode this complexity. Here, we have taken the
- 318 first step by providing the most rigorous and comprehensive description of tactical
- 319 positioning behaviours in short-track speed skating to date. This empirical aid quantifies the
- 320 time-evolving complexity of tactical positioning, offers new thoughts on race strategy based
- 321 on the prevalence of winners choosing to skate-from-the-front, and can help practitioners
- 322 design more representative learning tasks to enhance skill transfer.

323 Funding details

- 324 For the purpose of open access, the author has applied a Creative Commons Attribution (CC
- 325 BY) licence to any Author Accepted Manuscript version arising from this submission.

326 **Disclosure statement**

327 We report no conflicts of interest.

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Tables

	Discrete Lap A	nalysis	Sequence Analysis
Race Id	Start Position	Lap 1 Rank	Race Sequence
1	1	3	(1, 3)
2	1	2	(1, 2)
3	1	2	(1, 2)
4	1	3	(1, 3)
5	1	1	(1, 1)
6	3	1	(3, 1)
7	2	1	(2, 1)
8	3	1	(3, 1)
9	3	1	(3, 1)
10	2	1	(2, 1)
Ranked 1 st	50%	60%	_
Mean Rank	1.8	1.6	-
Standard Deviation Rank	0.9	0.8	_

Table 1. Example analysis of winners tactical positioning behaviours (n = 10) using discrete lap analysis and sequence analysis

Starting positions are coded from 1 (innermost track position) to n (outermost track position). Lap 1 rankings are coded Lap 1 from 1 (leading athlete) to n (last athlete).

		Group			Winner	Winner		
Event	Race period	Sequence	Sup	relSup	Sequence	Sup	relSup	
500 m	Start–Lap 5	(1,6)	250	12.4%	(1,6)	960	47.5%	
	Lap 1–5	(1,5)	613	30.3%	(1,5)	1,356	67.1%	
	Lap 2–5	(1,4)	777	38.5%	(1,4)	1,452	71.9%	
	Lap 3–5	(1,3)	1,056	52.3%	(1,3)	1,621	80.2%	
	Lap 4–5	(1,2)	1,463	72.4%	(1,2)	1,813	89.8%	
	Lap 5	(1,1)	2,020	100%	(1,1)	2,020	100%	
1,000 m	Start–Lap 9	_	_	_	(1,10)	126	8.1%	
	Lap 1–9	(1,9)	53	3.4%	(1,9)	261	16.8%	
	Lap 2–9	(1,8)	81	5.2%	(1,8)	344	22.2%	
	Lap 3–9	(1,7)	144	9.3%	(1,7)	472	30.5%	
	Lap 4–9	(1,6)	222	14.3%	(1,6)	614	39.6%	

Table 2. Most recurring group and winner tactical positioning behaviours in the 500 m, 1,000 m, and 1,500 m events

	Lap 5–9	(1,5)	336	21.7%	(1,5)	772	49.8%
	Lap 6–9	(1,4)	457	29.5%	(1,4)	946	61.1%
	Lap 7–9	(1,3)	683	44.1%	(1,3)	1,160	74.9%
	Lap 8–9	(1,2)	1,070	69.1%	(1,2)	1,380	89.1%
	Lap 9	(1,1)	1,549	100%	(1,1)	1,549	100%
1,500 m	Start–Lap 14	_	_	_	_	_	_
	Lap 1–14	_	_	_	_	_	_
	Lap 2–14	_	_	_	_	_	_
	Lap 3–14	-	_	_	_	_	_
	Lap 4–14	_	_	_	(1,11)	12	2.1%
	Lap 5–14	_	_	_	(1,10)	20	3.5%
	Lap 6–14	_	_	_	(1,9)	43	7.6%
	Lap 7–14	_	_	_	(1,8)	91	16.1%
	Lap 8–14	-	_	_	(1,7)	139	24.6%
	Lap 9–14	(0.87,2) – (1,4)	18	3.2%	(1,6)	180	31.8%
	Lap 10–14	(0.87,1) – (1,4)	29	5.1%	(1,5)	235	41.5%

Lap 11–14	(1,4)	68	12.0%	(1,4)	307	54.2%
Lap 12–14	(1,3)	135	23.9%	(1,3)	395	69.8%
Lap 13–14	(1,2)	272	48.1%	(1,2)	487	86.0%
Lap 14	(1,1)	566	100%	(1,1)	566	100%

The group behaviour represents the similarity between all athletes' intermediate and final rankings measured using Kendall's Tau-b. The winner behaviour represents the rank of the winner. The state-permanence-sequence format provides each successive distinct state in the sequence with its duration. For example, a winner sequence of (1,6) in the 500 m indicates that the winner started and remained in first for the entirety of the race. Sup = Absolute support; the number of times the sequence occurs in the sequence period. relSup = Relative support; the proportion of races that the sequence occurs in the sequence period. Note, we only report sequences with a relative support $\ge 2\%$, i.e., a sequence that occurs 1 in every 50 races.

Figure 1



Step 1) Extract group and winner tactical positioning behaviours

Group behaviour represents the similarity between athletes' intermediate (Start, Lap 1, ..., Lap 4) and final (Lap 5) rankings using Kendall's Tau-b, τ_s . As illustrated above, a τ_s = 1 represents a perfect agreement between rankings (e.g., Lap 4), and a τ_s = -1 represents a perfect disagreement (e.g., Lap 1). Winner behaviour represents the winner's intermediate ranking (e.g., the winner was in 4th position at the end of Lap 1).









Figure 3



Figure captions

Figure 1. Static and dynamic race sequence formation. First, we extract the winner (denoted by the red circle) and group tactical positioning behaviours at the race start and end of each lap. Second, we form our static and dynamic sequences. The static sequence treats the whole race as a single unit of analysis. The dynamic sequences are nested race sequences with a constant endpoint (the final lap) but varying start points (e.g., Lap 1–5, Lap 2–5, Lap 3–5). Note that we represent all sequences using the state-permanence-sequence format, i.e., each successive distinct state in a sequence is given together with its duration. For example, we represent the static winning sequence: (4, 4, 1, 1, 1, 1), as (4, 2) - (1, 4).

Figure 2. The sequence duplication rate for group and winner tactical positioning behaviours in the 500 m, 1,000 m, and 1,500 m. A sequence duplication rate of 0% indicates that no sequences are identical, and a sequence duplication rate of 100% indicates that all sequences are identical. We report the number of unique sequences detected in the brackets.

Figure 3. Boxplots of sequence relative support for group and winner tactical positioning behaviours in the 500 m, 1,000 m, and 1,500 m. Frequently recurring sequences are identified as those greater or equal to the inner fence: Q3 + (1.5 * Interquartile range). Annotated sequences represent the most frequent sequence with a relative support $\geq 2\%$.