

Persistent inequalities in consultation incidence and prevalence of low back pain and osteoarthritis in England between 2004 and 2019.

YU, Dahai http://orcid.org/0000-0002-8449-7725, JORDAN, Kelvin P, WILKIE, Ross, BAILEY, James, FITZPATRICK, Justine, ALI, Nuzhat, NIBLETT, Paul and PEAT, George http://orcid.org/0000-0002-9008-0184

Available from Sheffield Hallam University Research Archive (SHURA) at:

https://shura.shu.ac.uk/31289/

This document is the Published Version [VoR]

Citation:

YU, Dahai, JORDAN, Kelvin P, WILKIE, Ross, BAILEY, James, FITZPATRICK, Justine, ALI, Nuzhat, NIBLETT, Paul and PEAT, George (2023). Persistent inequalities in consultation incidence and prevalence of low back pain and osteoarthritis in England between 2004 and 2019. Rheumatology advances in practice, 7 (1): rkac106. [Article]

Copyright and re-use policy

See http://shura.shu.ac.uk/information.html





Clinical science

Persistent inequalities in consultation incidence and prevalence of low back pain and osteoarthritis in England between 2004 and 2019

Dahai Yu 10 1*, Kelvin P. Jordan¹, Ross Wilkie¹, James Bailey¹, Justine Fitzpatrick², Nuzhat Ali², Paul Niblett², George Peat^{1,3}

Abstract

Objective: We wanted to determine whether socioeconomic inequalities in primary care consultation rates for two major, disabling musculoskeletal conditions in England narrowed or widened between 2004 and 2019.

Methods: We analysed data from Clinical Practice Research Datalink Aurum, a national general practice electronic health records database, linked to national deprivation ranking of each patient's registered residential postcode. For each year, we estimated the age- and sex-standardized consultation incidence and prevalence for low back pain and OA for the most deprived 10% of neighbourhoods through to the least deprived 10%. We then calculated the slope index of inequality and relative index of inequality overall and by sex, age group and geographical region.

Results: Inequalities in low back pain incidence and prevalence over socioeconomic status widened between 2004 and 2013 and stabilized between 2014 and 2019. Inequalities in OA incidence remained stable over socioeconomic status within the study period, whereas inequalities in OA prevalence widened markedly over socioeconomic status between 2004 and 2019. The widest gap in low back pain incidence and prevalence over socioeconomic status was observed in populations resident in northern English regions and London and in those of working age, peaking at 45–54 years.

Conclusion: We found persistent, and generally increasing, socioeconomic inequalities in the rate of adults presenting to primary care in England with low back pain and OA between 2004 and 2019.

Lay Summary

What does this mean for patients?

Our study describes the extent of social inequalities in how many adults present to primary care with a painful musculoskeletal condition. We focused on two of the most common, disabling conditions: back pain and osteoarthritis. We analysed information from primary care electronic medical records across England. People living in the most deprived (poorest) neighbourhoods were more likely to seek the help of primary care than people of the same age and sex who lived in the least deprived (richest) neighbourhoods. Compared with general practices serving the richest neighbourhoods, a general practice serving the poorest neighbourhoods in England could see 15–40% more patients presenting with a new episode of back pain or osteoarthritis each year. These differences in rates between rich and poor were particularly noticeable among women, among working-age adults and in the north of England and London. Inequalities did not appear to have reduced between 2004 and 2019. Our study did not investigate underlying causes. However, it does highlight issues around workload and resourcing of general practices and the need for earlier and sustained preventive actions focused on poorer communities across England.

Keywords: low back pain; osteoarthritis; incidence; prevalence; deprivation; Clinical Practice Research Datalink; socioeconomic inequality; slope index of inequality; relative index of inequality

Key messages

- · Socioeconomic inequalities in consultation rates for low back pain and OA persist and have increased in England since 2004.
- · Inequalities are more common for low back pain and are wider among women, people of working age and in the north.

¹Primary Care Centre Versus Arthritis, School of Medicine, Keele University, Keele, UK

²Department of Health and Social Care, Office for Health Improvement and Disparities, London, UK

³Department of Allied Health Professions, College of Health, Wellbeing & Life Sciences, Sheffield Hallam University, Sheffield, UK

^{*}Correspondence: Dahai Yu, Primary Care Centre Versus Arthritis, School of Medicine, David Weatherall Building, Keele University, Keele, Staffordshire ST5 5BG, UK. E-mail: d.yu@keele.ac.uk

Introduction

The rates of many non-communicable diseases are higher among disadvantaged and marginalized people and communities [1]. Musculoskeletal disorders, such as low back pain, neck pain and OA, are important and increasing causes of disability and societal costs in populations worldwide [2] and show the same pattern, in which the occurrence, severity and impact tend to be inversely related to socioeconomic position [3].

Evidence on the extent of socioeconomic inequalities in the prevalence of musculoskeletal pain disorders comes mainly from cross-sectional population surveys and, to a lesser extent, from cross-sectional analysis of single waves of longitudinal studies, including birth cohorts. Despite heterogeneous case definitions and methods, a consistent finding has emerged of higher prevalence of musculoskeletal pain [4], low back pain [5], hip or knee pain [6, 7], widespread pain [8] and chronic pain in general [9] among adults with lower individual socioeconomic position or living in more deprived neighbourhoods. Inequalities might be greater for some disorders (e.g. back pain) than others (e.g. self-reported and doctor-diagnosed OA) [4]. However, a paucity of repeated survey data on musculoskeletal pain means that it is unclear whether inequalities in musculoskeletal pain, severity and impact are widening or narrowing over time. In England, the current Public Health Outcomes Framework [10] includes one indicator on the prevalence of long-term musculoskeletal problems obtained from the national General Practice Patient Survey and available annually only from Understanding the long-term health inequalities might help the government's place-based approaches to support the most deprived areas with the poorest health, in order to narrow the national health inequalities gap [11].

Continuous morbidity recording in primary care might offer an additional source of data to examine trends over time in the magnitude of inequalities at national and subnational levels. Using these data, investigators in other fields have reported growing inequalities by neighbourhood deprivation in the rates of multimorbidity [12], age at first presentation of heart failure [13] and incidence of fracture [14]. To our knowledge, a similar approach has not previously been applied to studying trends over time in inequalities for the most common, disabling musculoskeletal pain conditions. The objective of our study was to determine whether the rate of adults presenting to general practice for low back pain and OA differed by area-level deprivation and whether any such differences have widened or reduced between 2004 and 2019 in England.

Methods

Data sources and study population

Clinical Practice Research Datalink (CPRD) Aurum is a database including anonymized data from patient electronic health records in primary care on demographics, diagnoses, symptoms, prescriptions, referrals, immunizations, lifestyle factors, tests and results. Patient-level data linkage to national deprivation measures is used in this study. As of February 2021, CPRD Aurum included data on 39.7 million patients from 1489 practices, of whom 13.3 million currently contribute data (20% of the population of England) [15].

Neighbourhood deprivation

We used the English index of multiple deprivation (IMD) 2015 rank as a composite measure of neighbourhood deprivation, which combines 37 indicators covering seven domains of material deprivation (health deprivation and disability; barriers to housing and services; employment deprivation; income deprivation; education, skills and training deprivation; crime; living environment deprivation) presented at the level of lower super output area (LSOA; areas with mean population size 1500, minimum 1000) [16, 17]. Our analyses were restricted to English practices in CPRD that consented to the linkage. Individual-level IMD linkage is available for those general practices that agreed to this linkage and where the individual themselves has not opted out, covering ~70% of CPRD participants. IMD rank was categorized by decile score, where 1 = the least deprived 10% of neighbourhoods and 10 = the most deprived 10% [18].

Case definitions

Case definitions and definitions of consultation incidence (new cases presenting to general practice) and prevalence (all cases presenting to general practice, including new and ongoing cases) matched those we used previously to determine overall trends in prevalence and incidence of low back pain and OA in CPRD [19]. In UK primary care, symptom and diagnosis problems were recorded using Read codes up to 2018, when SNOMED codes began to replace Read codes. High validity of diagnostic coding has been previously reported [20–22].

Cases of non-specific low back pain among those aged ≥15 years were defined as having at least one recorded coded event of low back pain in a calendar year. We applied a Read code list previously developed [19] to define low back pain. Cases of OA were defined as having at least one recorded clinical event of OA (based on Read codes starting N05 'Osteoarthritis and allied disorders') among those aged ≥45 years in each calendar year.

Defining the at-risk population

To estimate annual prevalence, the denominator population included all patients with a full registration history over the prior 3 calendar years. In the estimation of annual incidence, the denominator population was restricted to those with no recorded codes of the outcome of interest (low back pain or OA) over the previous 3 years. A 3-year look-back period has previously been shown to be optimal for common musculoskeletal disorders [23]. A period of <3 years might increase the risk of including prevalent cases as new cases, whereas a longer period might increase the risk of selection bias, because patients would need to have been registered at their practice for a longer time to be included in the study. The numerator population incorporated all patients in the denominator population who fulfilled our case definitions above [23].

Statistical analysis

The annual age- and sex-standardized rates, stratified by deprivation, were estimated using the mid-2019 England population (ONS code: E92000001) as the standard, with 95% CIs estimated by Poisson regression for the whole English population and for the population in each English geographical region between 2004 and 2019. The annual age-standardized

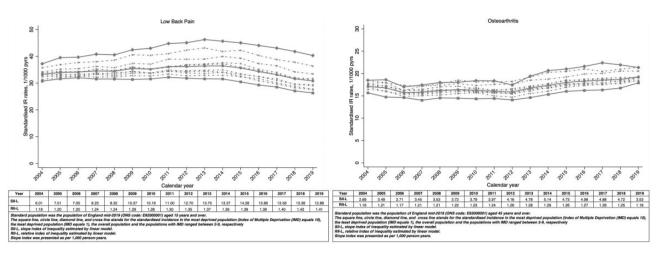


Figure 1. Standardized incidence of low back pain and OA by neighbourhood deprivation

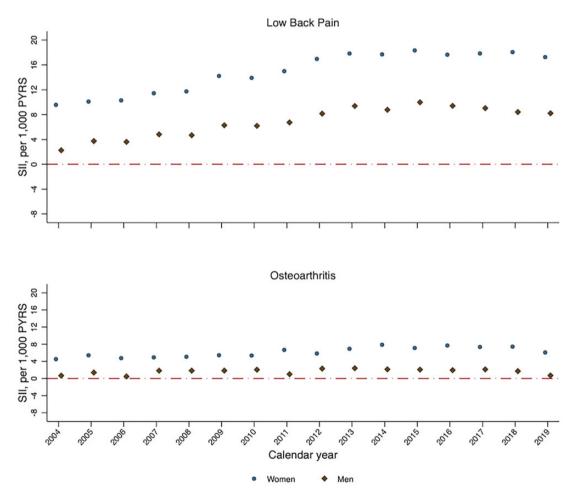


Figure 2. Slope index of inequality for sex-specific standardized incidence of low back pain and OA between 2004 and 2019 in England PYRS: person-years; SII: slope index of inequality

incidence and prevalence for men and women by deprivation status were also determined.

The annual incidence and prevalence population-weighted, regression-based slope index of inequality (SII) and relative index of inequality (RII) were estimated [24, 25] (Supplementary Technical Note, available at *Rheumatology*

Advances in Practice online). A value of zero on the SII indicates no inequality. Positive values of the SII indicate a higher concentration of low back pain/OA among those in the most deprived areas, whereas negative values indicate a higher concentration among those in the least deprived areas. RII has the value one when there is no inequality. Values of the RII

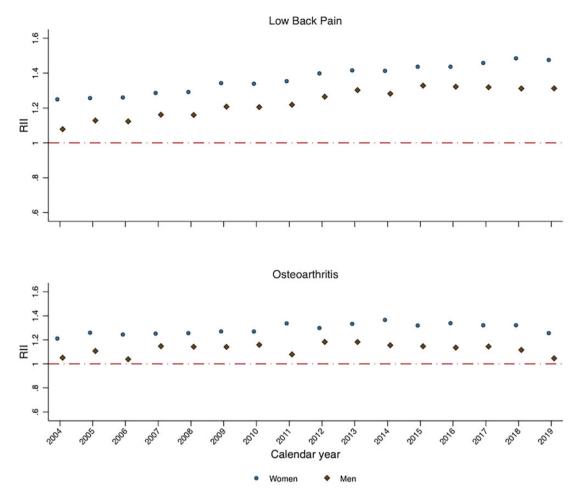


Figure 3. Relative index of inequality for sex-specific standardized incidence of low back pain and OA between 2004 and 2019 in England RII: relative index of inequality

larger than one indicate a higher concentration of low back pain/OA in most deprived areas, whereas values smaller than one indicate a higher concentration in the least deprived areas. SIIs and RIIs were calculated using a standard analytical tool provided by the England Office for Health Improvement and Disparities. The confidence intervals for each SII and RII were estimated using bootstrapping with resampling 10 000 times. STATA MP Version 16.0 (Stata Corporation, College Station, Texas, USA) was used for data management and statistical analyses.

Ethical approval

The study was approved by the Independent Scientific Advisory Committee for CPRD research (protocol reference: 20_054R). No further ethical permissions were required for the analyses of these anonymized patient-level data.

Results

Adults living in more deprived neighbourhoods had higher age- and sex-standardized incidence rates for low back pain than adults living in less deprived neighbourhoods. The gap between annual incidence rates in the most and least deprived neighbourhoods widened between 2004 and 2013, because incidence rates rose among the most deprived while remaining stable among the least deprived (SII rose from 6.01 to 13.75).

per 1000 person-years, RII from 1.18 to 1.37). From 2014 to 2019, incidence rates fell across all groups, slightly narrowing the absolute inequality gap but not the relative index of inequality (SII in 2019 = 12.88 per 1000 person-years; RII = 1.41: Fig. 1; Supplementary Tables S1 and S2, available at *Rheumatology Advances in Practice* online). The same pattern was observed for the age- and sex-standardized prevalence of low back pain (Supplementary Fig. S1 and Supplementary Tables S1 and S2, available at *Rheumatology Advances in Practice* online).

Inequalities in the age- and sex-standardized incidence of OA increased between 2004 and 2014 (SII rose from 2.69 to 5.14 per 1000 person-years, RII from 1.16 to 1.29), then decreased to 2019 (SII fell from 5.14 to 3.53 per 1000 person-years, RII from 1.29 to 1.18; Fig. 1; Supplementary Tables S1 and S2, available at *Rheumatology Advances in Practice* online). A similar pattern was seen for age- and sex-standardized prevalence of OA, whereby both SII and RII increased between 2004 and 2016 before slightly decreasing to 2019 (Supplementary Fig. S1 and Supplementary Tables S1 and S2, available at *Rheumatology Advances in Practice* online).

In each year from 2004 to 2019, absolute and relative socioeconomic inequalities in the age-standardized incidence and prevalence of low back pain and OA were higher among women than among men (Figs 2 and 3; Supplementary Figs S2 and S3 and Supplementary Tables S2 and S3, available at

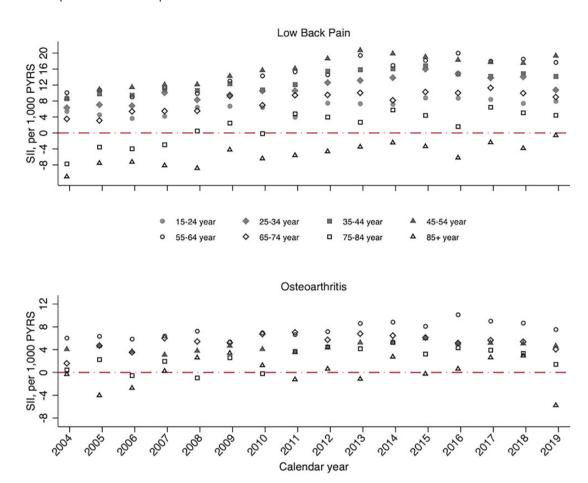


Figure 4. Slope index of inequality for age-stratified standardized incidence of low back pain and OA between 2004 and 2019 in England PYRS: person-years; SII: slope index of inequality

55-64 year

65-74 year

Rheumatology Advances in Practice online). The trends across time in absolute and relative socioeconomic inequalities for men and for women were broadly similar, following the overall trend.

45-54 year

In age-stratified analyses, socioeconomic inequalities for low back pain and OA incidence and prevalence rates were greatest in adults <65 years of age (Figs 4 and 5; Supplementary Figs S4 and S5 and Supplementary Tables S4 and S5, available at Rheumatology Advances in Practice online). Consistent with the overall trend over time, relative socioeconomic inequalities in low back pain incidence increased over time within all age groups from 15 to 64 years. Among 75- to 84-year-olds and those >85 years of age, a much greater increase in the incidence and prevalence of low back pain between 2004 and 2019 was seen among those living in the most deprived neighbourhoods compared with the least deprived. For OA, relative socioeconomic inequalities in both incidence and prevalence were associated with age group, with RII across 2004-2019 consistently being highest in the age category of 45-54 years and lowest in adults aged >75 years.

Region-specific trends

Similar trends of SIIs and RIIs for age- and sex-standardized incidence and prevalence by geographical region were identified, with generally greater socioeconomic inequalities in the

North West and North East, for both low back pain and OA (Fig. 6; Supplementary Figures S6–S8 and Supplementary Tables S6 and S7, available at *Rheumatology Advances in Practice* online). Over the study period, the socioeconomic gap in incidence and prevalence widened in several regions, especially for low back pain. For example, in the North East, the estimate of SII for low back pain incidence widened from 8.48 in 2004 to 17.13 per 1000 person-years in 2019. In London, the corresponding increases were from 4.15 to 15.03 per 1000 person-years. In comparison, in South Central, SII increased less, from 8.13 to 12.09 per 1000 person-years. Under-representation of general practices from the East Midlands resulted in unstable region-specific estimates for that region.

85+ year

Discussion

Main findings

Our descriptive study found evidence of persistent socioeconomic inequalities in the annual rate of recorded cases of low back pain and OA presenting to primary care in England over the 16-year period between 2004 and 2019. Consultation rates were, in general, between 15 and 55% higher among adults living in the most deprived decile of neighbourhoods compared with those living in the least deprived decile. Inequalities were generally greater for low back pain than for

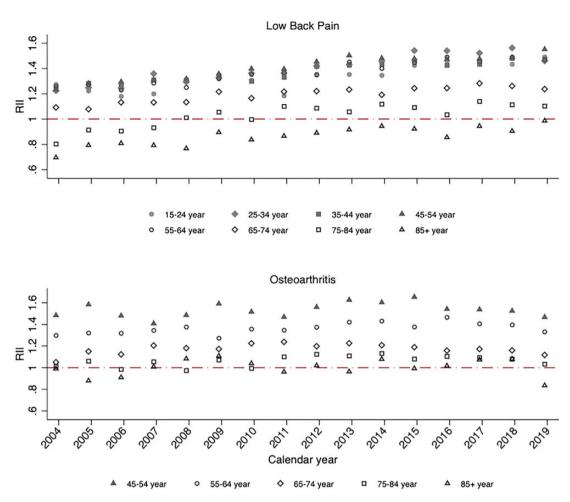


Figure 5. Relative index of inequality for age-stratified standardized incidence of low back pain and OA between 2004–2019 in England RII: relative index of inequality

OA and were greatest among women, adults under the age of statutory retirement and in northern regions and London. Overall, absolute and relative inequalities widened in the period between 2004 and 2013, although this pattern was not observed consistently in stratified analyses. These inequalities have not reduced since 2013.

Comparison with previous studies

Our estimates of the direction and magnitude of relative inequalities for these two common musculoskeletal conditions are broadly consistent with available national survey data from 2018-2020 on deprivation-specific prevalence of selfreported long-term back pain or joint pain and chronic pain. These sources respectively suggest a 20-30% and a 36% higher prevalence among adults living in the most deprived neighbourhoods. There are few published estimates of sex-, age- and region-specific inequalities for direct comparison. Our study found greater socioeconomic inequalities for low back pain and OA among women than among men. Higher levels of opportunistic consultation and coding of OA, especially among women living in more deprived settings, might contribute to this. Women have higher levels of multimorbidity [26] and more contacts with primary care [27], and there might be a stronger gradient in consultation rates by deprivation among women [28]. We are unaware of previous studies

finding greater, and widening, inequalities in musculoskeletal conditions among young- and middle-aged adults, and this warrants further investigation. However, this pattern, and the absence or reversal of inequalities in old age, was also found for multimorbidity rates by an independent research group using the same data source [12].

Our study did not explore potential mechanisms underlying the observed inequalities, but future research to explicate further how exposure to inequitable social structures and systems becomes embodied as OA would be valuable. We hypothesize that persistent inequalities in the rate of new diagnoses of low back pain and OA are likely to arise, at least in part, from inequalities in the distribution of one or more key proximal causal exposures, including obesity, occupational physical exposures, injury, physical inactivity and mood. The causal action of some of these exposures begins earlier in life and might be cumulative over many years [29–32], implying the need for earlier and sustained equity-focused prevention to reduce the inequalities in OA incidence seen in middle age.

Relying on coded diagnoses in the primary care electronic health record to define a case of OA does not provide an unfiltered measure of disease incidence in the population; it also reflects the propensity to consult, access to primary care, and coding behaviours among primary health-care professionals.

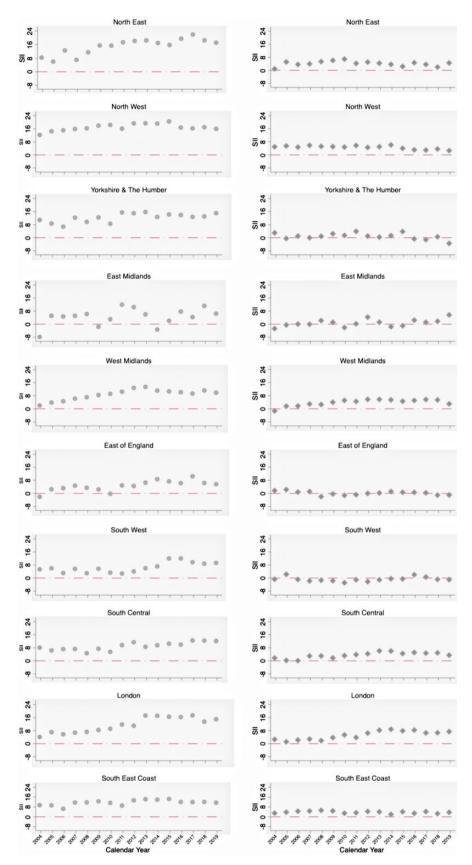


Figure 6. Slope index of inequality for standardized incidence of low back pain and OA between 2004 and 2019 in each of 10 English regions Dots and diamonds indicate SII for low back pain and OA, respectively. PYRS: person-years; SII: slope index of inequality

Inequalities by deprivation in these factors might also contribute to observed inequalities in consultation incidence and prevalence. It is interesting that the period during which we observed the clearest widening of inequalities in low back pain/OA incidence/prevalence coincided with when there appeared to have been success in achieving a more equitable supply of general practitioners [33, 34]. This apparent paradox could reflect better access or more complete problem coding in deprived areas when there is a greater supply of general practitioners.

Strengths and limitations

Our study used established code lists and a recognized arealevel measure of deprivation based on patients' postcodes applied to a large primary care electronic health record database representative of the English population [35]. Individual-level measures of socioeconomic position, such as educational attainment, occupation or income, are not routinely recorded or available. The result is that our analyses are based on the marker 'living in a deprived area' rather than being socioeconomically disadvantaged. Moscrop et al. [36] argue that this can result in underestimation of 'true' socioeconomic inequalities and can obscure the real social determinants responsible for the observed inequalities. Underestimation of inequalities might also result from analytical decisions. We modelled the slope index of inequality and relative index of inequality as a linear function, hence assuming a linear relationship between indicator and population socioeconomic status. This might be suboptimal in situations where the relationship between indicator and deprivation is non-linear. Future methodological exploration of optimal models to fit for non-linear relationships are warranted. Owing to restricted access to clinical records and measurements in the denominator population, confounding effects from obesity and multimorbidity on the research findings were not explored further in the present study. Future research to test the effects of these confounders is warranted. We relied on a clinician-coded record of OA rather than need for radiographic evidence. Clinical guidance suggests that non-radiographic features alone are sufficient to make a diagnosis for OA [37, 38], and a previous study revealed good specificity of general practitioner-diagnosed OA [39]. Studies based on electronic health records might be subject to misclassification that has the potential to bias results. However, in the present study, the established codes list and methods used to estimate incidence and prevalence have been validated and yielded internationally comparable estimations [23].

Conclusion

In conclusion, the present study found persistent and, in some cases, widening inequalities by deprivation in the rates of two of the most common, disabling musculoskeletal conditions presenting to primary care in England between 2004 and 2019.

Data availability

Data may be obtained from a third party and are not publicly available. The data were obtained from the Clinical Practice Research Datalink (CPRD). CPRD data governance does not allow us to distribute patient data to other parties. Researchers may apply for data access at: http://www.CPRD.com/

Funding

G.P., K.P.J., R.W. and D.Y. hold Honorary Academic Consultant Contracts from the Office for Health Improvement and Disparities. K.P.J. is also supported by matched funding awarded to the NIHR Applied Research Collaboration (West Midlands).

Disclosure statement: The authors have declared no conflicts of interests.

Acknowledgements

This study is based, in part, on data from the Clinical Practice Research Datalink obtained under licence from the UK Medicines and Healthcare Products Regulatory Agency. The data are provided by patients and collected by the NHS as part of their care and support. The interpretation and conclusions contained in this study are those of the authors alone. This work was supported by funding from Office for Health Improvement and Disparities. The views expressed are those of the authors and not necessarily those of Office for Health Improvement and Disparities.

References

- Di Cesare M, Khang YH, Asaria P et al.; Lancet NCD Action Group. Inequalities in non-communicable diseases and effective responses. Lancet 2013;381:585–97.
- Blyth FM, Briggs AM, Schneider CH, Hoy DG, March LM. The global burden of musculoskeletal pain—where to from here? Am J Public Health 2019;109:35–40.
- Mills S, Nicolson K, Smith B. Chronic pain: a review of its epidemiology and associated factors in population-based studies. Br J Anaesth 2019;123:e273–83.
- Urwin M, Symmons D, Allison T et al. Estimating the burden of musculoskeletal disorders in the community: the comparative prevalence of symptoms at different anatomical sites, and the relation to social deprivation. Ann Rheum Dis 1998;57:649–55.
- Jonsdottir S, Ahmed H, Tómasson K, Carter B. Factors associated with chronic and acute back pain in Wales, a cross-sectional study. BMC Musculoskelet Disord 2019;20:215.
- Webb R, Brammah T, Lunt M et al. Opportunities for prevention of 'clinically significant' knee pain: results from a population-based cross sectional survey. J Public Health (Oxf) 2004;26:277–84.
- Steel N, Hardcastle A, Bachmann M et al. Economic inequalities in burden of illness, diagnosis and treatment of five long-term conditions in England: panel study. BMJ Open 2014;4:e005530.
- 8. Macfarlane G, Norrie G, Atherton K, Power C, Jones G. The influence of socioeconomic status on the reporting of regional and widespread musculoskeletal pain: results from the 1958 British Birth Cohort Study. Ann Rheum Dis 2009;68:1591–5.
- Macfarlane GJ, Beasley M, Smith BH, Jones GT, Macfarlane T. Can large surveys conducted on highly selected populations provide valid information on the epidemiology of common health conditions? An analysis of UK Biobank data on musculoskeletal pain. Br J Pain 2015;9:203–12.
- OHID. Public Health Outcomes Framework 2019–2022 At a glance. 2022. https://assets.publishing.service.gov.uk/government/ uploads/system/uploads/attachment_data/file/862264/At_a_glance_ document2.pdf (12 December 2022, date last accessed).
- 11. OHID. Place-based approaches for reducing health inequalities: main report. 2021. https://www.gov.uk/government/publications/health-inequalities-place-based-approaches-to-reduce-inequalities/place-based-approaches-for-reducing-health-inequalities-main-report (12 December 2022, date last accessed).

- Head A, Fleming K, Kypridemos C et al. Inequalities in incident and prevalent multimorbidity in England, 2004–19: a populationbased, descriptive study. Lancet Healthy Longev 2021;2:e489–97.
- 13. Conrad N, Judge A, Tran J *et al.* Temporal trends and patterns in heart failure incidence: a population-based study of 4 million individuals. Lancet 2018;391:572–80.
- Curtis EM, van-der-Velde R, Moon RJ et al. Epidemiology of fractures in the United Kingdom 1988–2012: variation with age, sex, geography, ethnicity and socioeconomic status. Bone 2016;87:19–26.
- MHRA C. Release notes: CPRD Aurum April 2021. CPRD Aurum April 2021 dataset | CPRD; 2021. 2021. https://cprd.com/sites/default/files/2022-02/2021-04%20CPRD%20Aurum%20Release%20 Notes.pdf (12 December 2022, date last accessed).
- Department for Communities and Local Government. The English Index of Multiple Deprivation (IMD) 2015 – Guidance 2015. https://assets.publishing.service.gov.uk/government/uploads/system/ uploads/attachment_data/file/464430/English_Index_of_Multiple_ Deprivation_2015_-_Guidance.pdf (12 December 2022, date last accessed).
- Office for National Statistics. Table SAPE20DT2: Mid-2015
 Population Estimates for Lower Layer Super Output Areas in England. 2015. https://www.ons.gov.uk/file?uri=/peoplepopulationandcommunity/populationandmigration/populationestimates/data sets/lowersuperoutputareamidyearpopulationestimates/mid2015/sape20dt2mid2015lsoasyoaestimatesunformatted.zip (12 December 2022, date last accessed).
- 18. CPRD. Small area level data based on patient postcode Documentation and Data Dictionary (set 21). 2021. https://cprd.com/sites/default/files/2022-02/Documentation_SmallAreaData_Patient_set22_v3.2.pdf (12 December 2022, date last accessed).
- 19. Yu D, Missen M, Jordan KP *et al.* Trends in the annual consultation incidence and prevalence of low back pain and osteoarthritis in England from 2000 to 2019: comparative estimates from two clinical practice databases. Clin Epidemiol 2022;14:179–89.
- Herrett E, Thomas SL, Schoonen WM, Smeeth L, Hall AJ. Validation and validity of diagnoses in the General Practice Research Database:a systematic review. Br J Clin Pharmacol 2010;69:4–14.
- Jick SS, Hagberg KW, Persson R et al. Quality and completeness of diagnoses recorded in the new CPRD Aurum Database: evaluation of pulmonary embolism. Pharmacoepidemiol Drug Saf 2020;29: 1134–40.
- 22. Persson R, Vasilakis-Scaramozza C, Hagberg KW *et al.* CPRD Aurum database: assessment of data quality and completeness of three important comorbidities. Pharmacoepidemiol Drug Saf 2020; 29:1456–64.
- Yu D, Peat G, Bedson J, Jordan KP. Annual consultation incidence of osteoarthritis estimated from population-based health care data in England. Rheumatology (Oxford) 2015;54:2051–60.
- 24. Keppel K, Pamuk E, Lynch J *et al.* Methodological issues in measuring health disparities. Vital Health Stat 2 2005;(141):1–16.

- 25. Regidor E. Measures of health inequalities: part 2. J Epidemiol Community Health 2004;58:900–3.
- Agur K, McLean G, Hunt K, Guthrie B, Mercer SW. How does sex influence multimorbidity? Secondary analysis of a large nationally representative dataset. Int J Environ Res Public Health 2016;13: 391.
- Hippisley-Cox J, Vinogradova Y. Trend in consultation rates in general practice 1995 to 2008: analysis of the QRESEARCH database. 2009. https://files.digital.nhs.uk/publicationimport/pub01 xxx/pub01077/tren-cons-rate-gene-prac-95-09-95-08-rep.pdf (12 December 2022, date last accessed).
- Wang Y, Hunt K, Nazareth I, Freemantle N, Petersen I. Do men consult less than women? An analysis of routinely collected UK general practice data. BMJ Open 2013;3:e003320.
- 29. Wills A, Black S, Cooper R *et al.* Life course body mass index and risk of knee osteoarthritis at the age of 53 years: evidence from the 1946 British birth cohort study. Ann Rheum Dis 2012;71:655–60.
- 30. Peat G, Bergknut C, Frobell R, Jöud A, Englund M. Population-wide incidence estimates for soft tissue knee injuries presenting to healthcare in southern Sweden: data from the Skåne Healthcare Register. Arthritis Res Ther 2014;16:R162.
- Schram B, Orr B, Pope R, Canetti E, Knapik J. Risk factors for development of lower limb osteoarthritis in physically demanding occupations: a narrative umbrella review. J Occup Health 2020;62:e12103.
- 32. Frilander H, Solovieva S, Mutanen P *et al.* Role of overweight and obesity in low back disorders among men: a longitudinal study with a life course approach. BMJ Open 2015;5:e007805.
- Asaria M, Cookson R, Fleetcroft R, Ali S. Unequal socioeconomic distribution of the primary care workforce: whole-population small area longitudinal study. BMJ Open 2016;6:e008783.
- 34. Nussbaum C, Massou E, Fisher R *et al.* Inequalities in the distribution of the general practice workforce in England: a practice-level longitudinal analysis. BJGP Open 2021;5:BJGPO.2021.0066.
- Wolf A, Dedman D, Campbell J et al. Data resource profile: Clinical Practice Research Datalink (CPRD) Aurum. Int J Epidemiol 2019;48:1740–1740g.
- 36. Moscrop A, Ziebland S, Bloch G *et al.* If social determinants of health are so important, shouldn't we ask patients about them? BMJ 2020;371:m4150.
- Kolasinski SL, Neogi T, Hochberg MC et al. 2019 American College of Rheumatology/Arthritis Foundation guideline for the management of osteoarthritis of the hand, hip, and knee. Arthritis Care Res (Hoboken) 2020;72:149–62.
- 38. National Institute for Health and Care Excellence: Clinical Guidelines. Osteoarthritis: care and management. 2020. https://www.ncbi.nlm.nih.gov/books/NBK568417/pdf/Bookshelf_NBK568417.pdf (12 December 2022, date last accessed).
- Ferguson RJ, Prieto-Alhambra D, Walker C et al. Validation of hip osteoarthritis diagnosis recording in the UK Clinical Practice Research Datalink. Pharmacoepidemiol Drug Saf 2019;28:187–93.





A 2nd generation, JAK1 preferential inhibitor for moderate to severe RA1-6

While 1st generation JAK inhibitors are relatively non-selective,2-6 JYSELECA has over 5x greater potency for JAK1 over JAK2/3 and TYK21*

Balancing sustained efficacy⁷⁻¹¹ with acceptable tolerability^{1,12}



Indicated for the treatment of moderate to severe active rheumatoid arthritis in adult patients who have responded inadequately to, or who are intolerant to one or more disease modifying anti-rheumatic drugs. May be used as monotherapy or in combination with methotrexate.1

*From biochemical assays, the clinical relevance of which is uncertain. JAK, Janus kinase; RA, rheumatoid arthritis; TYK, tyrosine kinase.

Refer to Summary of Product Characteristics (SmPC) before prescribing, and for full prescribing information.

Refer to Summary of Product Characteristics (SmPC) before prescribing, and for full prescribing information.

INSELECA® Tigotinib 100 mg or 200 mg film-coated tablets.

Indication: yyseleca is indicated for the treatment of moderate to severe active rheumatoid arthritis in adult patients who have responded inadequately to, or who are intolerant to one or more disease modifying anti rheumatic drugs (DMARDs). yseleca may be used as monotherapy or in combination with methotrexate (MTX). Dosage: Adults; 200 mg once daily. Taken orally with/without food. Its recommended that tablets are swallowed whole. Laboratory Monitoring: Refer to the SmPC for information regarding laboratory monitoring and dose initiation or interruption. Elderly: A starting dose of 100 mg once daily is recommended for patients aged 75 years and older as clinical experience is limited. Renal impairment. No dose adjustment required in patients with estimated creatinine clearance (CrCl) ≥ 60 mL/min. A dose of 100 mg of filgotinib once daily is recommended for patients with moderate or severe renal impairment (CrCl 15 to < 60 mL/min). Not recommended in patients with CrCl < 15 mL/min. Hepatic impairment: Mild/moderate hepatic impairment: not dose adjustment required. Severe hepatic impairment: no dose adjustment required. Severe hepatic impairment: not recommended. Children (< 18years): Safety and efficacy not yet established. Contraindications: Hypersensitivity to the active substance or to any of the excipients. Active tuberculosis (TB) or active serious infections. Pregnancy. Warnings/Precautions: See SmPC for full information. Immunosuppression combination use, with immunosuppression cannot be excluded. Infections: Infections, including serious infections such as pneumonia and opportunistic infections eg. unberculosis (TB), oesophageal candidiasis, and cryptococcosis have been reported. Risk benefit should be assessed prior to initiating in patients with risk factors for infections (see SmPC). Patients should be closely monitored for the devel lave been reported. Kisk beneart should be assessed phot to nitiating in patients with risk factors for infections (see SmPC). Patients should be closely monitored for the development of igns and symptoms of infections during and after figlotnib reatment. Treatment should be interrupted if the patient

is not responding to antimicrobial therapy, until infection is controlled. There is a higher incidence of serious infections in the elderly aged 75 years and older, caution should be used when treating this population. <u>Tuberculosis</u>: Patients should be screened for TB before initiating filgotinib, and filgotinib should not be administered to patients with active TB. <u>Virial reactivation</u>: Cases of herpes virus reactivation (e.g., herpes zoster), were reported in clinical studies (see SmPC). If a patient develops herpes zoster, filgotinib treatment should be temporarily interrupted until the episode resolves. Screening for viral hepatitis and monitoring for reactivation should be performed. <u>Malignancy</u>: Immunomodulatory medicinal products may increase the risk of malignancies. Malignancies were observed in clinical studies (see SmPC). <u>Fertility</u>: In animal studies, decreased fertility, impaired spermatogenesis, and histopathological effects on male reproductive organs were observed (see SmPC). The potential effect of filgotinib on sperm production and male fertility in humans is currently unknown. <u>Haematological abnormalities</u>: Do not start therapy, or temporarily stop, if Absolute Neutrophil Count (ANC) 1 × 10° (ells]/L, LIC CoJS × 10° cells/L or haemoglobin <8 g/dL. Temporarily stop therapy if these values are observed during routine patient management. <u>Vaccinations</u>: Use of live vaccines during, or immediately prior to, filgotinib treatment is not recommended. <u>Lipids</u>: Treatment with filgotinib was associated with dose dependent increases in lipid parameters, including total cholesterol, and high-density lipoprotein (LDL) levels, while low density lipoprotein (LDL) levels were slightly increased (see SmPC). <u>Cardiovascular risk</u>: Rheumatoid arthritis patients have an increased risk for cardiovascular disorders. Patients should have risk factors (e.g., hypertension, hyperlipidaemia) managed as part of usual standard of care. <u>Venous thrombosis</u> (DVT) and pulmonary embolism (PE) have been reported in pati of DVT/PE, or patients undergoing surgery, and prolonged

Learn more at strengthofbalance.co.uk

immobilisation. <u>Lactose content:</u> Contains lactose; patients with rare hereditary problems of galactose intolerance, total lactase deficiency or glucose-galactose malabsorption should not take filgotinib. **Pregnancy/Lactation:** Filgotinib is contraindicated in pregnancy. Filgotinib should not be used during breast-feeding. Women of childbearing potential must use effective contraception during and for at least 1 week after cessation of treatment. **Driving/Using machinery:** No or negligible influence, however dizziness has been reported. **Side effects:** See SmPC for full information. <u>Common (21/100 to <1/100)</u>: herpes coster, pneumonia, neutropenia, hypercholesterolaemia infection and dizziness. <u>Uncommon (21/1000 to <1/100)</u>; herpes zoster, pneumonia, neutropenia, hypercholesterolaemia and blood creatine phosphokinase increase. Serious side effects: See SmPC for full information Legal category: POM Pack: 30 film-coated tablets/bottle Price: UK Basic NHS cost: £863.10 Marketing authorisation number(s): <u>Great Britain</u> Jyseleca 100mg film-coated tablets PLGB 42147/0002 Northern Ireland Jyseleca 100mg film-coated tablets EU/1/20/1480/003 EU/1/20/1480/003 EU/1/20/1480/004 Further information: Galapagos UK, Belmont House, 148 Belmont Road, Uxbridge UB8 10S, United Kingdom 00800 7878 1345 medicalinfo@glpg.com Jyseleca® is a trademark. **Date of Preparation**: January 2022 UK-RA-FIL-202201-00019

Additional monitoring required

Adverse events should be reported.

For Great Britain and Northern Ireland, reporting form and information can be found at <u>yellowcard.mhra.gov.</u> and information can be found at <u>yeutowcara.mnra.gov.u</u> or via the Yellow Card app (download from the Apple Ap Store or Google Play Store). Adverse events should also be reported to Galapagos via email to DrugSafety.UK.Ireland@glpg.com or 00800 7878 1345

References: 1. JYSELECA SPC. Available at: www.medicines.org.uk. Last accessed: June 2022. 2. Angelini J, et al. Biomolecules 2020;10(7):E1002. 3. Banerjee S, et al. Drugs 2017;77:521–546. 4. O'Shea JJ, et al. Nat Rev Rheumatol 2013;9(3):173–182. 5. Traves PG, et al. Ann Rheum Dis 2021;0:1-11. 6. McInnes IB, et al. Arthr Res Ther 2019;21:183. 7. Combe B, et al. Ann Rheum Dis 2021;doi:10.1136/annrheumdis-2020-219214. 8. Genovese MC, et al. JAMA 2019;322 (4):315–325. 9. Westhovens R, et al. Ann Rheum Dis 2021;doi:10.1136/annrheumdis-2020-219213. 10. Combe B, et al. Arthritis Rheumatol 2021;73(supp) 10). https://acrabstract/clinical-outcomes-up-to-week-48-of-ongoing-long-term-extension-trial-of-a-patients-with-inadequate-response-to-mtx-initially-treated-with-filgotinib-ra-dalimumab-during-th/. Last accessed: June 2022. 11. Buch MH, et al. Arthritis Rheumatol 2021;73 (suppl 10). https://acrabstracts.org/abstract/clinical-outcomes-up-to-week-48-of-ongoing-filgotinib-ra-plase-3-trial/. Last accessed: June 2022. 12. Winthrop K, et al. Arthritis Rheumatol 2021;73(suppl 10). Available at: https://acrabstracts.org/abstract/integrated-safety-analysis-update-for-filgotinib-in-patients-with-moderately-to-severely-active-rheumatoid-arthritis-receiving-treatment-over-a-median-of-2-2-years/. Last accessed: June 2022.

Galápagos

June 2022 GB-RA-JY-202205-00033

JYSELECA, GALAPAGOS and the JYSELECA and GALAPAGOS logos are registered trademarks of Galapagos NV. © 2022 Galapagos NV. All rights reserved.

