

Evaluation of the uptake, retention and effectiveness of exercise referral schemes for the management of mental health conditions in primary care: a systematic review

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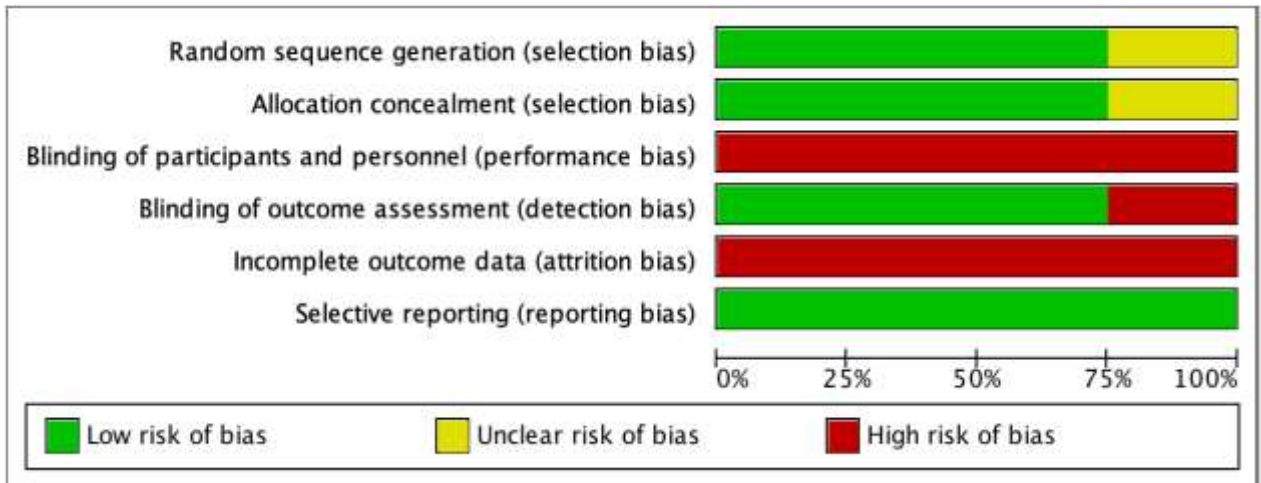


Figure S1. Risk of bias graph for RCTs.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)
Chalder 2012	?	+	-	-	-	+
Forsyth 2015	+	?	-	+	-	+
Moore 2013	+	+	-	+	-	+
Murphy 2012	+	+	-	+	-	+

Figure S2. Risk of bias summary for RCTs.

Table S2. Quality appraisal checklist for case series studies

Criteria	Harrison 2005	Crone 2008	Tobi 2017	Avery 2020	Morgan 2020
<i>Clear study objective</i>	Yes	Yes	Yes	Yes	Yes
<i>Conducted prospectively</i>	No	No	No	No	No
<i>Cases collected from multiple centres</i>	Yes	Yes	Yes	Yes	Yes
<i>Patients recruited consecutively</i>	Unclear	Unclear	Unclear	Unclear	Unclear
<i>Description of patient characteristics</i>	Yes	Partial	Yes	Yes	Yes
<i>Clear eligibility criteria</i>	Partial	No	Partial	Yes	Yes
<i>Similar disease severity at study entry</i>	Unclear	Unclear	Unclear	Unclear	Unclear
<i>Clearly described intervention</i>	Yes	Partial	Partial	Yes	Yes
<i>Pre-established outcome measures</i>	Yes	Yes	Yes	Yes	Yes
<i>Appropriate methods for measuring outcome</i>	Yes	Yes	Yes	Yes	Yes
<i>Appropriate length of follow up</i>	Yes	Yes	Yes	Yes	Yes
<i>Loss to follow up reported</i>	Yes	Yes	Yes	Yes	Yes
<i>Results support study conclusions</i>	Yes	Yes	Yes	Yes	Yes
<i>Competing interests and support sources reported</i>	No	No	Partial	Partial	Yes