

Evaluation of the uptake, retention and effectiveness of exercise referral schemes for the management of mental health conditions in primary care: a systematic review

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Table S1. Medline, PsycInfo, CINAHL, Scopus and Cochrane Library search strategy

Search strategy for Medline: 277 records			
1	exp Exercise/ or exp Exercise Therapy/ (226332)		
2	exercise.tw. (257396)		
3	physical activity.tw. (107292)		
4	1 or 2 or 3 (437129)		
5	exp "Referral and Consultation"/ (74673)		
6	referral.tw. (97812)		
7	5 or 6 (153124)		
8	4 and 7 (2843)		
9	exp Mental Health/ (38149)		
10	mental health.tw. (141936)		
11	exp Depression/ (118590)		
12	depression.tw. (330216)		
13	anxiety.tw. (188443)		
14	exp Mood Disorders/ (121722)		
15	exp Anxiety/ (84787)		
16	exp Anxiety Disorders/ (79157)		
17	9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 (678910)		
18	8 and 17 (284)		
19	limit 18 to english language (277)		
Search strategy for PsycInfo: 84 records			
1	exp Physical Activity/ or exp Exercise/ (41915)		
2	exercise.tw. (51736)		
3	physical activity.tw. (34317)		
4	1 or 2 or 3 (82508)		
5	exp professional referral/ (3503)		
6	referral.tw. (20329)		
7	5 or 6 (21101)		
8	4 and 7 (321)		
9	exp Mental Health/ (66332)		
10	mental health.tw. (189403)		
11	exp affective disorders/ (143490)		
12	exp major depression/ (131207)		
13	depression.tw. (254082)		
14	exp anxiety disorders/ (53980)		
15	anxiety.tw. (198513)		
16	exp Anxiety/ (71530)		
17	9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 (580518)		
18	8 and 17 (84)		
19	limit 18 to english language (84)		
Search strategy for CINAHL: 334 records			
#	Query	Limiters/Expanders	Results
S6	(mental health OR (depression or depressive disorder or depressive symptoms or major depressive disorder) OR (anxiety disorders or anxiety or generalized anxiety disorder) OR anxiety) AND (S3 AND S4)	Expanders - Apply equivalent subjects Narrow by Language: - english Search modes - Boolean/Phrase	334

S5	(mental health OR (depression or depressive disorder or depressive symptoms or major depressive disorder) OR (anxiety disorders or anxiety or generalized anxiety disorder) OR anxiety) AND (S3 AND S4)	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	338
S4	mental health OR (depression or depressive disorder or depressive symptoms or major depressive disorder) OR (anxiety disorders or anxiety or generalized anxiety disorder) OR anxiety	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	373,391
S3	(exercise referral schemes OR physical activity referral OR referral) AND (S1 AND S2)	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	2,376
S2	exercise referral schemes OR physical activity referral OR referral	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	76,675
S1	exercise OR physical activity	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	255,595
Search strategy for Scopus: 488 records			
((exercise AND referral AND scheme) OR (physical AND activity AND referral AND scheme)) AND ((mental AND health) OR depression OR anxiety) AND NOT INDEX (medline) AND (LIMIT-TO (LANGUAGE , "English"))			
Search strategy for Cochrane Library: 439 records			
#1	(Exercise referral):ti,ab,kw OR (physical activity referral):ti,ab,kw (Word variations have been searched)		1407
#2	(mental health):ti,ab,kw OR (depression):ti,ab,kw OR (anxiety):ti,ab,kw (Word variations have been searched)		124053
#3	#1 AND #2		439