

## Changes in patient activation following cardiac rehabilitation using the Active + me digital healthcare platform during the COVID-19 pandemic: a cohort evaluation

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Appendix 2 – Number of responses for each outcome measure

	Baseline	Follow-up	Complete
Outcome Measure	Responses	Responses	Responses
PAM Score	43	43	43
PAM Level	43	43	43
Daily Steps	39	38	37
Daily Physical Activity Duration (minutes)	39	38	37
Systolic Blood Pressure (mmHg)	42	44	42
Diastolic Blood Pressure (mmHg)	42	44	42
Resting Heart Rate (bpm)	38	41	38
Body Mass Index (kg·m²)	43	43	43
Waist Circumference (cm)	21	19	10
PHQ Questionnaire	29	27	17
GAD Questionnaire	29	27	17
WSA Scale Score	29	26	17
TAM2 Score	41	41	41