

**Understanding the experience of initiating community-based group physical activity by people with serious mental illness: a systematic review using a meta-ethnographic approach**

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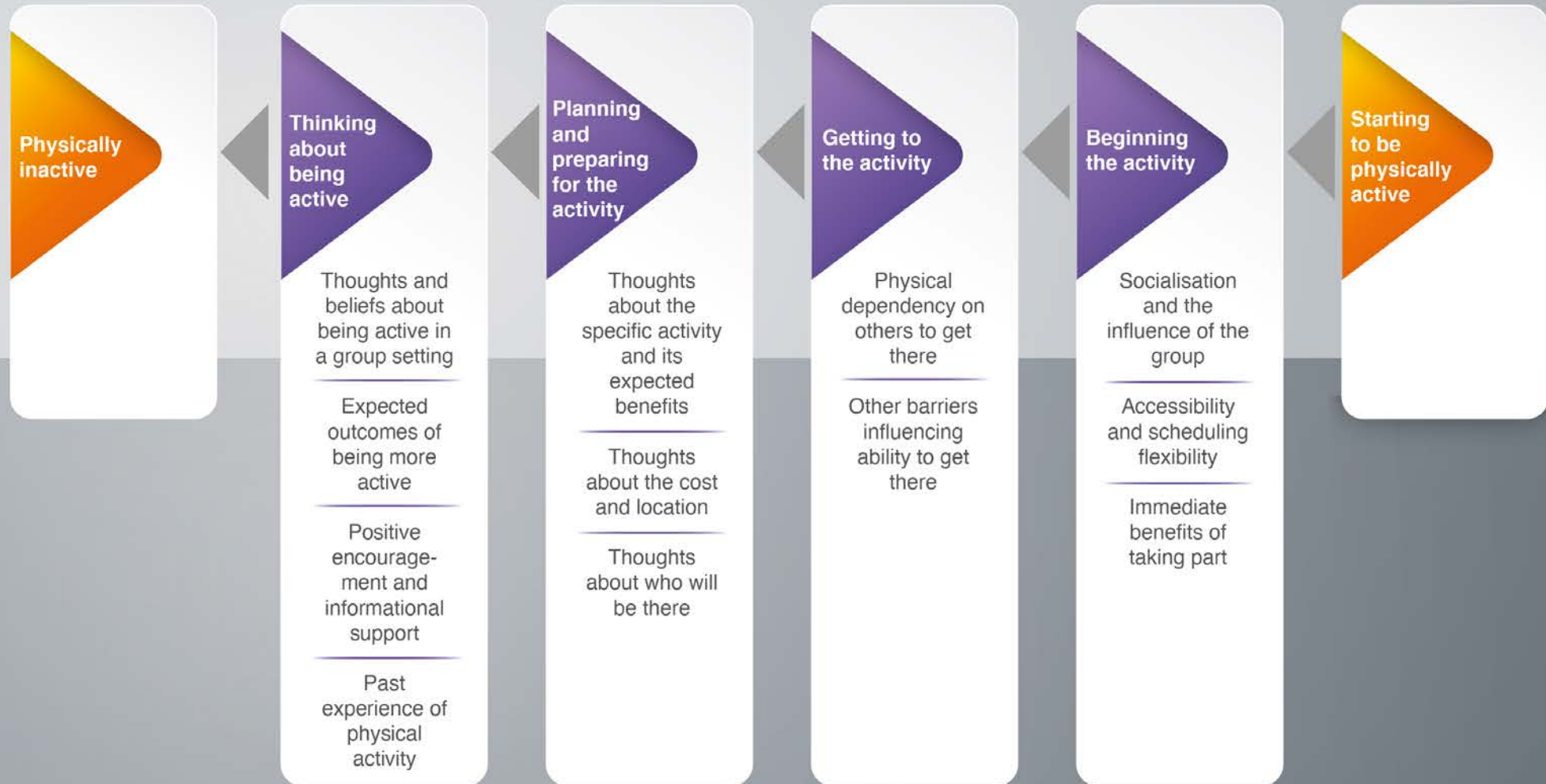
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## Underlying influences impacting upon the initiation of physical activity

Characteristics of the condition

Side effects of medication