Medicines with respect project

TURNER, James <http://orcid.org/0000-0002-8360-1420> and HEMINGWAY, Steve

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Steve Hemingway, Senior Lecturer in Mental Health, University of Huddersfield

Robert Maginnis, Practice Effectiveness Manager, South West Yorkshire Mental Health Partnership Foundation Trust

Co-authors:
James Turner Principal Lecturer, Sheffield Hallam University,

Jacqueline White Lecturer in Mental Health and University Teaching Fellow, University of Hull
The Medicines with Respect process has been developed by higher education institutions and NHS trusts within the Yorkshire and Humber region.
Background

• Based on work commenced in 2000 to support medication management within Trusts who signed up for the National In-Patient Practice Development Network (Norman et al 2000)

• This work reported positively its effects for staff confidence and service user satisfaction (Turner et al 2007, 2008).
New figures from the National Patient Safety agency show that drug errors caused at least 37 deaths and 63 cases of severe harm in 2007. (NPSA 2009)

In total more than 200 patients every month require further treatment or die because of mistakes made with their medication (NPSA 2009)
MwR

Its goal is to support practitioners achieve safe and effective practice in relation to medicines management. It is primarily an assessment tool that can be utilised to measure performance and identify development issues.
A stepped approach

1. Psychopharmacology workbook
2. Medicines with Respect
3. Medication management
4. Nurse Prescribing
Stakeholder Perspectives focus groups

Student Experience

Medication Safety

Improved service user experience

MM competence

Succession planning

Medicines with Respect Project
MwR can be used in several ways

- Pre registration curricula at Huddersfield, Sheffield Hallam and Hull Universities
- For preceptorship and new starters to the Mental Health Trusts
- For team or individual development
- Capability
Who is deemed competent?

- Clinical practitioners at band 6 and above
- Clinical mentors

Resources

- DVD
- Assessment tool
- ‘Medication Management Champions’
Results: Student experiences

What is the experience of Mental Health Nurses who have undertaken medicines management education and training as part of the pre registration programme at The University of Huddersfield?

1. 12 item SAQ mixed method.
   - Pilot Sample 32 mental health nursing students
   - SREP

Clinically related activities rated highest:

- Overall satisfaction
- Administration of medicines assessment
- Observed Examination (OSCE)
- Wanted a separate Medication Management Module

Confidence

- Very Confident 27%/Confidence 49%/ Some confidence 23%
- Those with longer work record were less confident of their ability!
Results staff survey (pilot)

Governance
• Permission gained from SWYPFT D&T TAG
• Conducted by Trust Clinical Governance Dept

Method
• 20 item SAQ Oral/I.M. experience
• Mixed method

Sample Characteristics
• 20 staff completed the questionnaire
• All OPS
• 85% IP 10% Community/Clinic 1NA
• 55% Band 5, 25% Band 6
• Certificate 15%, Diploma 45%, Degree 1%, PGD 1%
Results staff survey (pilot)

Type of administration
• 85% administered medication orally
• 40% administered I.M.

Type of assessment
• 80% completed the oral/ I.M-20%

When assessed
• 20% <6 months
• 20% 6-12 months
• 60% 12-24 months
Why assessed n = 20

- Preceptorship 5 (25%)
- KSF 4 (15%)
- Personal development 7 (35%)
- Result of drug error 1 (5%)
- Identified need for team 5 (25%)
- Other 5 (25%)
Value of assessment  \( n = 20 \)

- Environmental 3 (15%)
- Preparation 6 (30%)
- Administration 7 (35%)
- Assessment questions 8 (40%)
- Discussion with assessor 13 (65%)
Barriers to safe administration n = 20

- Environmental 12 (60%)
- Pharmacology 7 (35%)
- Complicated documentation 8 (40%)
- Drug calculations 3 (15%)
- Service user adherence 5 (25%)
- Time management 6 (30%)
- Cultural factors 2 (10%)
# Educational Strategies Completed

<table>
<thead>
<tr>
<th></th>
<th>Trust medicines management updates</th>
<th>University medicines management modules</th>
<th>Pharmacology sponsored events</th>
<th>Conferences</th>
<th>Personal study</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Yes</strong></td>
<td>9 (45%)</td>
<td>3 (15%)</td>
<td>4 (20%)</td>
<td>-</td>
<td>16 (80%)</td>
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<tr>
<td><strong>Did not respond</strong></td>
<td>11 (55%)</td>
<td>17 (85%)</td>
<td>16 (18%)</td>
<td>20 (100%)</td>
<td>4 (20%)</td>
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</tbody>
</table>
## Useful Educational strategies

<table>
<thead>
<tr>
<th>Usefulness</th>
<th>M w R</th>
<th>Trust Medicines Management Update</th>
<th>University medications management modules</th>
<th>Pharmacology Company sponsored events</th>
<th>Conferences</th>
<th>Personal Study</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very useful</td>
<td>4 (20%)</td>
<td>5 (25%)</td>
<td>2 (10%)</td>
<td>3 (15%)</td>
<td>-</td>
<td>11 (55%)</td>
</tr>
<tr>
<td>Useful</td>
<td>12 (60%)</td>
<td>5 (25%)</td>
<td>2 (10%)</td>
<td>3 (15%)</td>
<td>1 (5%)</td>
<td>6 (30%)</td>
</tr>
<tr>
<td>Not very useful</td>
<td>3 (15%)</td>
<td>-</td>
<td>1 (5%)</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Not at all useful</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Not applicable</td>
<td>-</td>
<td>6 (30%)</td>
<td>8 (40%)</td>
<td>7 (35%)</td>
<td>12 (60%)</td>
<td>1 (5%)</td>
</tr>
<tr>
<td>Did not respond</td>
<td>1 (5%)</td>
<td>4 (20%)</td>
<td>7 (35%)</td>
<td>7 (35%)</td>
<td>7 (35%)</td>
<td>2 (10%)</td>
</tr>
</tbody>
</table>
Most positive aspect of the Medicines with Respect programme?

- “Can identify areas where further training or study may be required”
- “Concentrating my knowledge of the drugs looking up any unknown factors/knowledge”
- “Felt it was beneficial for staff to question their knowledge of medication”
- “I personally found it to be a confidence boost in administering medication and ensuring that I was doing my medication round correctly and had no major issues regarding it”
- “It identifies practitioners who are not safely administering medication”
Has MwR increased your confidence in administering medication?

- 8 (40%) Very Confident
- 11 (55%) Quite confident
- 1 (5%) No response

Comparison to the students survey
- Very Confident 9 (27%)
- Confidence 16 (50%)
- Some confidence 7 (23%)
Most negative aspect of the Medicines with Respect Programme?

“Creates some amount of pressure”
“If someone watches you too closely and invades your space, it can make you feel uneasy, this then throws you to make a mistake or feel that you are not capable.
“Lowers self esteem”
“Its is stressful, people panic prior to doing it”
“Takes qualified nurse away from other duties during assessment process to supervise”
“Pressure of being watched by a senior manager”
Do you think the service users benefit from you participation of the Medicines with Respect Programme?

“Confidence in qualified staff in regards to medication”
“Defines good practice. Encourages good practice”
“More competent professional”
“Ensures safer working practice, awareness of side effects to ensure wellness of the individual and help with recovery”
“More confident as I am up to date with knowledge regarding medications and their adverse reactions and administration techniques”
Next steps

- Literature review
- Stakeholder perspectives
- Final report September 2010
- Available through Yorkshire & Humber NHS website
- Peer Reviewed Articles
References

• Norman, I., Hills, B and Murrels, T. (2000) *Descriptive analysis of findings from Baseline Survey of Service Users in Sheffield Care Trust* London Kings College


Contact

Steve Hemingway
s.j.hemingway@hud.ac.uk

Robert Maginnis
robert.maginnis@swyt.nhs.uk

Jim Turner
james.turner@shu.ac.uk

Jackie White
jacqueline.white@hull.ac.uk