

**What is the role of primary care in reducing the decline in physical function and physical activity in people with long-term conditions? Findings from realist synthesis with co-design.**

LAW, Rebecca-Jane, WILLIAMS, Lynne, BURTON, Chris, HALL, Beth, HISCOCK, Julia, LANGLEY, Joseph <<http://orcid.org/0000-0002-9770-8720>>, LEMMEY, Andrew, LOVELL-SMITH, Candida, MORRISON, Valerie, JENKIN, Rebecca, WILLIAMS, Nefyn and GALLANDERS, John

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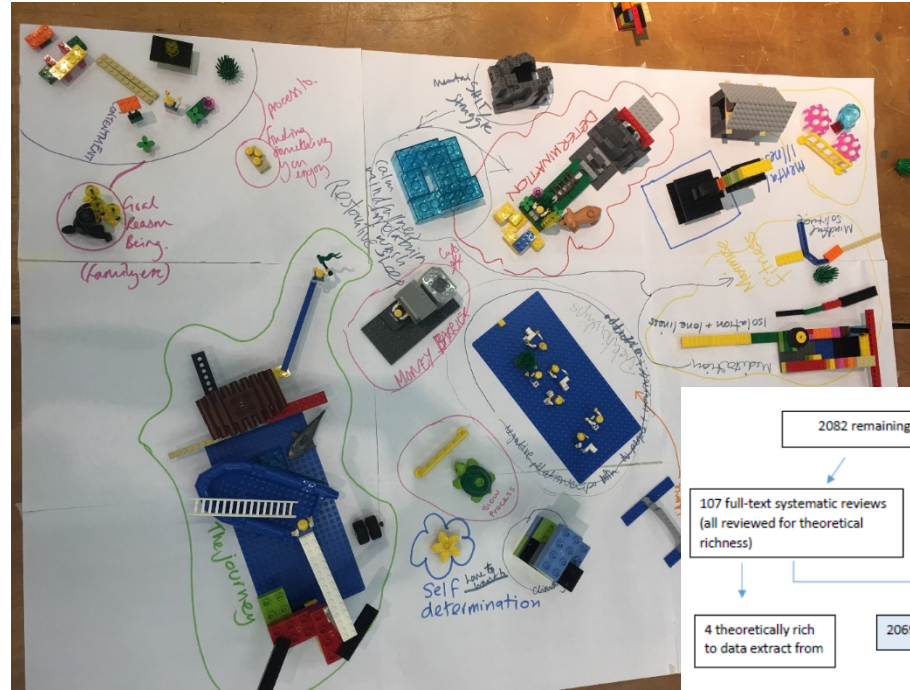
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## ‘Function First’ – Be Active, Stay Independent

The role of primary care in reducing the decline in physical function and physical activity in people with long-term conditions; what works, for whom and in what circumstances? A realist synthesis of evidence.

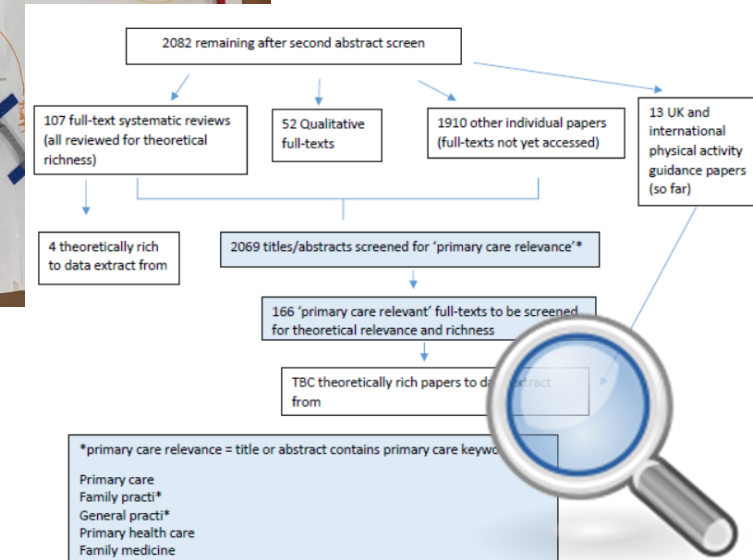
**Study team:** Dr Becki Law and Prof Nefyn Williams (co-Is), Prof Christopher Burton, Dr Beth Hall, Dr Julia Hiscock, Dr Joseph Langley, Prof Andrew Lemmey, Ms Candida Lovell-Smith (PPI), Prof Valerie Morrison, Dr Rebecca Partridge, Dr Lynne Williams, Mr John Gallanders (PPI)

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Literature  
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## Theory-building



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# Emerging theory-areas



# Co-design workshops

