

The effects of physical exercise on cardiometabolic outcomes in women with polycystic ovary syndrome not taking the oral contraceptive pill: a systematic review and meta-analysis

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WOODWARD, Amie, BROOM, David, HARROP, Deborah, LAHART, Ian, CARTER, Anouska, DALTON, Caroline, METWALLY, Mostafa and KLONIZAKIS, Markos (2019). The effects of physical exercise on cardiometabolic outcomes in women with polycystic ovary syndrome not taking the oral contraceptive pill: a systematic review and meta-analysis. *Journal of Diabetes & Metabolic Disorders*, 18 (2), 597-612.

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The effects of exercise on cardiometabolic outcomes in women with polycystic ovary syndrome not taking the oral contraceptive pill: A systematic review and meta-analysis.

Journal of Diabetes and Metabolic Disorders

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The search was performed using PubMed syntax as demonstrated below, and amended for other databases:

1. "polycystic ovary syndrome"
2. PCOS
3. PCO*
4. polycystic ovar*
5. stein leventhal
6. (1 OR 2 OR 3 OR 4 OR 5)
7. Exercise[majr]
8. exercise therapy [majr]
9. Physical activity [majr]
10. Physical Fitness [majr]
11. Physical Endurance[majr]
12. exercis*[tw]
13. ((physical or motion) AND (fitness or therapy or therapies))[tw]
14. ((strength or resistance or circuit or enduran* or aerob* or physic* or fit*) AND train*)[tw]
15. (7 OR 8 OR 9 OR 10 OR 11 OR 12 OR 13 OR 14)
16. (6 AND 15)

(((((("polycystic ovary syndrome"[Title/Abstract]) OR PCOS[Title/Abstract]) OR
PCO*[Title/Abstract]) OR polycystic ovar*[Title/Abstract]) OR stein
leventhal[Title/Abstract]))) AND ((((((Exercise[majr]) OR exercise therapy [majr]) OR
Physical activity [majr]) OR Physical Endurance[majr]) OR exercis*[tw]) OR ((physical or
motion) AND (fitness or therapy or therapies))[tw])) OR (((strength or resistance or circuit or
enduran* or aerob* or physic* or fit*) AND train*[tw]))