Dietary management of celiac disease: revisiting the guidelines

THEODORIDIS, Xenophon, GRAMMATIKOPOULOU, Maria G, PETALIDOU, Arianna, PATELIDA, Maria, GKIOURAS, Konstantinos, KلونIZAKIS, Markos <http://orcid.org/0000-0002-8864-4403>, PITTAS, Stefanos and BOGDANOS, Dimitrios P

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Highlights

- Relevant guidelines were mostly of low quality, biased and fell short of evidence-based standards.
- Specifics of nutritional recommendations were inadequately addressed.
- Future guidelines should be planned more rigorously and focus on their methodology.