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Vertebral fragility fractures: co-designing solutions to promote independence and quality of life based on the needs of service users

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Victoria Goodwin, Nick Dulake, Joe Langley on behalf of the **DiScOVer** team

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Vertebral fragility fractures (VFF) are common and result in pain and disability. They are costly from the perspective of patients, carers and healthcare resource use. However, diagnosis and care vary in the absence of good quality evidence and guidelines.

This study aimed to use a co-design process involving people with VFF, carers, clinicians, designers, engineers and researchers to:

- Identify areas of unmet need
- Establish whether prototype solutions can be co-created to address those needs

What next?

We plan to apply for funding to further develop and test the prototypes.

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The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or the Department of Health.