

**Vertebral fragility fractures: co-designing solutions to promote independence and quality of life based on the needs of service users**

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# Vertebral fragility fractures: co-designing solutions to promote independence and quality of life based on the needs of service users



Vertebral fragility fractures (VFF) are common and result in pain and disability. They are costly from the perspective of patients, carers and healthcare resource use. However, diagnosis and care vary in the absence of good quality evidence and guidelines.

This study aimed to use a co-design process involving people with VFF, carers, clinicians, designers, engineers and researchers to:

- Identify areas of unmet need
- Establish whether prototype solutions can be co-created to address those needs

## What next?

We plan to apply for funding to further develop and test the prototypes.

