

"Not all in my head": a qualitative exploration of living with fibromyalgia and its treatments (Oral presentation)

ASHE, Simon, FURNESS, Penny <<http://orcid.org/0000-0003-4916-8800>>, TAYLOR, Sophie <<http://orcid.org/0000-0001-5838-9993>>, HAYWOOD-SMALL, Sarah <<http://orcid.org/0000-0002-8374-9783>> and LAWSON, Kim <<http://orcid.org/0000-0002-5458-1897>>

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“NOT ALL IN MY HEAD”: A QUALITATIVE EXPLORATION OF THE EXPERIENCES OF LIVING WITH AND BEING TREATED FOR FIBROMYALGIA

Simon Ashe, Penny Furness, Sophie Taylor,
Sarah Haywood-Small & Kim Lawson

Rationale & Method

Fibromyalgia (FMS) is a chronic condition with no clear medical explanation or cure.

Limits capacity to work and damages close relationships¹.

Treatments inconsistent and can cause harsh adverse-effects.

Outcomes sought by the patient and practitioners differ².

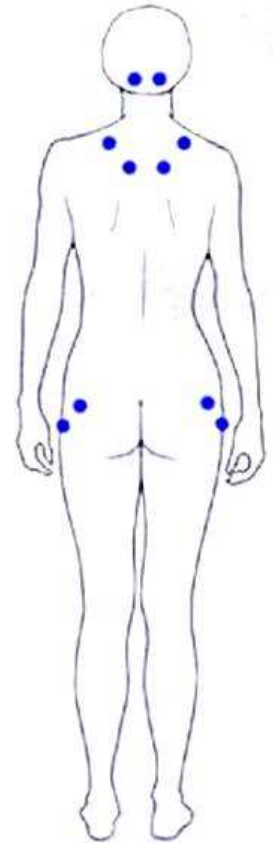
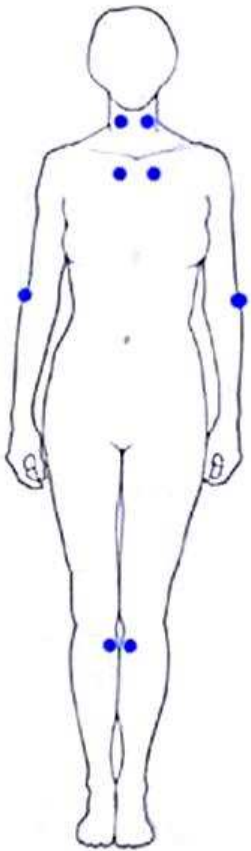
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Understand patient perspective to design an effective intervention^{3,4}.

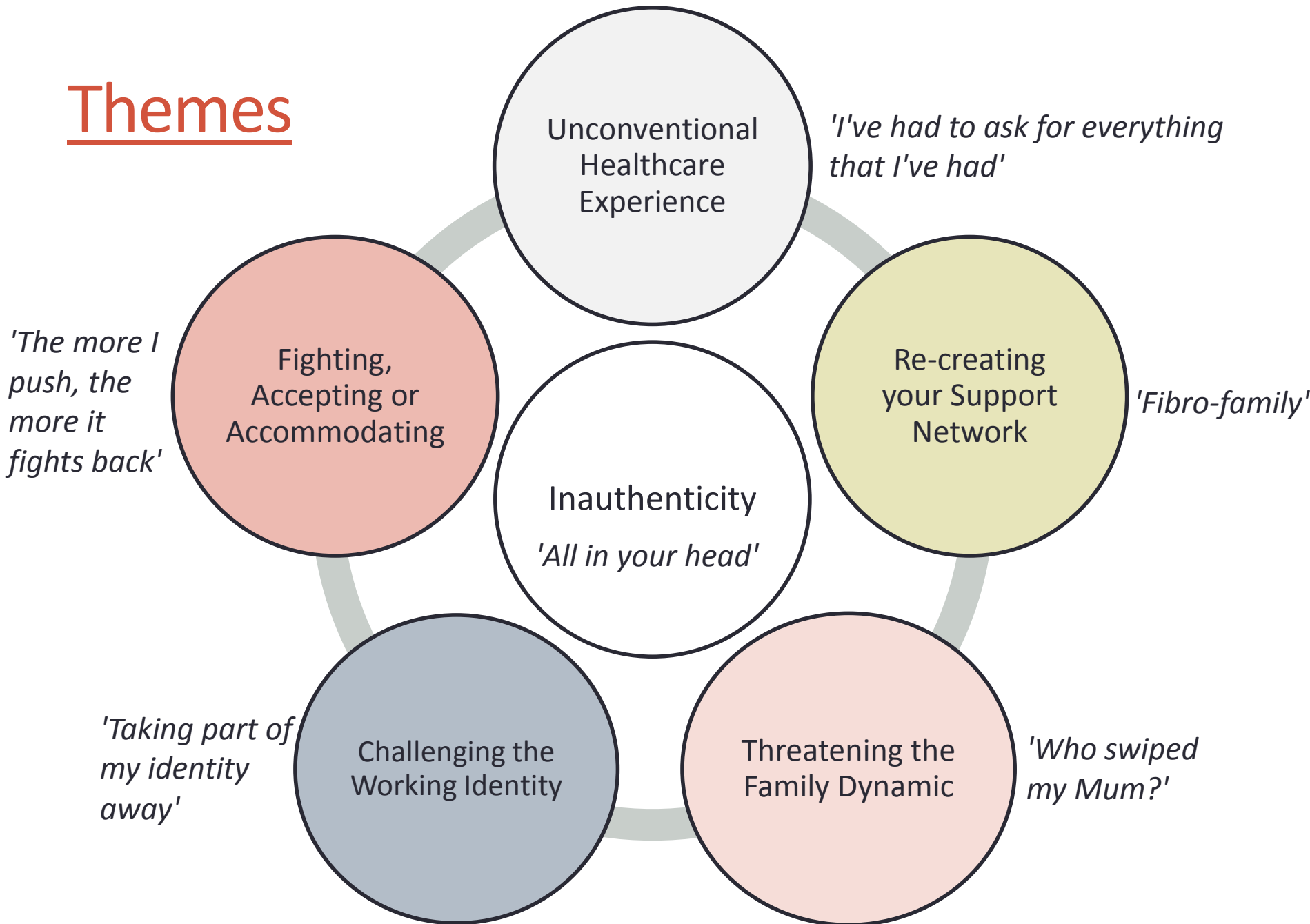
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Phenomenological study of the lived experience of people with FMS with a focus upon treatments and interventions.

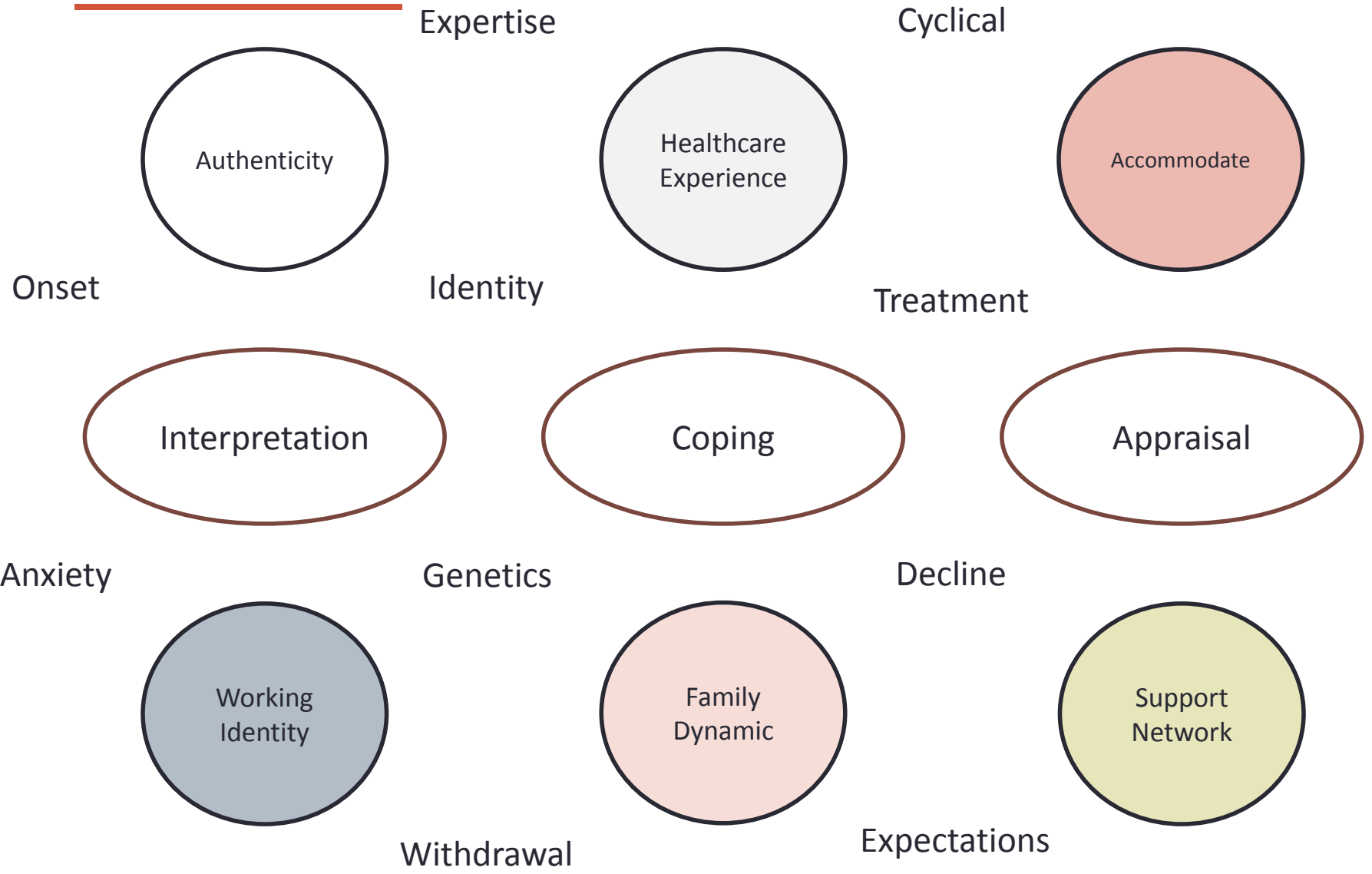
14 in-depth discussions conducted and analysed using IPA⁵.



Themes



Discussion



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Many thanks for your attention!

Simon Ashe (s.ashe@shu.ac.uk)