

Endometrial transcriptome in recurrent miscarriage and recurrent implantation failure

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1 **TITLE**

2 A comparison of transcriptomic profiles in endometrium during window of implantation between women
3 with unexplained recurrent implantation failure and recurrent miscarriage

4

5 **RUNNING TITLE**

6 Endometrial transcriptome in recurrent miscarriage and recurrent implantation failure

7

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28

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42 **ABSTRACT**

43 The endometrium becomes receptive to the embryo only in the mid-luteal phase, but not other stages of
44 the menstrual cycle. Endometrial factors play an important role in implantation. Women with recurrent
45 miscarriage and recurrent implantation failure have both been reported to have altered expression of
46 receptivity markers during the window of implantation. We aimed to compare the gene expression
47 profiles of the endometrium in the window of implantation among women with unexplained recurrent
48 implantation failures (RIF) and unexplained recurrent miscarriages (RM) by RNA sequencing (RNA-Seq).
49 In total 20 patients (9 RIF and 11 RM) were recruited. In addition 4 fertile subjects were included as
50 reference. Endometrium samples were precisely timed on the 7th day after luteal hormone surge (LH+7).
51 All the 24 endometrium samples were extracted for total RNA. The transcriptome was determined by
52 RNA-Seq in first 14 RNA samples (5 RIF, 6 RM, and 3 fertile). Differentially expressed genes between
53 RM and RIF were validated by quantitative real time PCR (qPCR) in all 24 RNA samples (9 RIF, 11 RM
54 and 4 fertile). Transcriptomic profiles of RM and RIF, but not control samples, were separated from each
55 other by principle component analysis (PCA) and support vector machine (SVM). Complementary and
56 coagulation cascades pathway was the significantly up-regulated in RIF while down-regulated in RM.
57 Differentially expressed genes C3, C4, C4BP, DAF, DF and SERPING1 in complement and coagulation
58 cascade pathway between RM and RIF were further validated by qPCR. This study compared endometrial
59 transcriptome among patients with RIF and RM in the window of implantation; it identified differential
60 molecular pathways in endometrium between RIF and RM, which potentially affect the implantation
61 process.

62

63 **KEY WORDS:**

64 Transcriptome; Endometrium; Window of Implantation; Recurrent Miscarriage; Recurrent Implantation
65 failure

66 **Introduction**

67 Implantation is a process when the embryo attaches to the endometrium, followed by migration and
68 invasion into the deeper layer of the endometrium to become embedded, which involves a complex
69 sequence of cellular and molecular changes. There are two well defined categories of reproductive failure
70 attributable to implantation disorders, namely recurrent miscarriage (RM) and recurrent implantation
71 failure (RIF). Recurrent implantation failure refers to failure to achieve a clinical pregnancy after transfer
72 of at least four good-quality embryos in a minimum of three cycles in a woman under the age of 40 years
73 (Coughlan *et al.* 2014). The failure usually occurs at an earlier stage, resulting in complete failure to
74 implant or failure to establish the pregnancy. On the other hand, recurrent miscarriage is defined as three
75 or more consecutive clinical miscarriages (Saravolos & Li 2012). It commonly manifests as pregnancy
76 loss later on in the pregnancy, often around 6-8 weeks gestation.

77 A number of earlier studies suggested that the endometrium in unexplained RM and RIF shared some
78 common pathological changes. For example, both uNK cell count and interleukin 15 expressions have
79 been reported to be increased in the two conditions (Tuckerman *et al.* 2007, Tuckerman *et al.* 2010) On
80 the other hand, certain molecules have been found to be deranged in one condition but not the other. A
81 notable example is beta3 integrin, which is down regulated in RM (Germeyer *et al.* 2014) but not in RIF
82 (Coughlan *et al.* 2013); whereas leukaemia inhibitory factor is down regulated in RIF (Mariee *et al.* 2012),
83 but not in RM (Xu *et al.* 2012, Karaer *et al.* 2014). In most of these earlier studies, only one specific
84 marker was examined, with the exception of a few which examined up to 3 specific markers at the same
85 time (Xu *et al.* 2012). The study of a single or a few biomarkers has a limited value especially in the case
86 of implantation as it is a rather complex process involving several well recognized steps (apposition,
87 adhesion, and invasion including angiogenesis) (Fitzgerald *et al.* 2008), each of which involves many
88 molecules.

89 An alternative approach which enables the simultaneous study of all different molecules involved in
90 the implantation process is transcriptomic study by using micro-array analysis or RNA sequencing (RNA-
91 Seq). Several studies have used this approach to examine the endometrium in the peri-implantation period
92 but they focused either on the changing transcriptome profiles before and during the window of
93 implantation (Diaz-Gimeno *et al.* 2011, Hu *et al.* 2014), or in a specific population such as PCOS (Qiao *et*
94 *al.* 2008), RIF (Koler *et al.* 2009, Altmae *et al.* 2010, Ruiz-Alonso *et al.* 2013, Koot *et al.* 2016) or RM
95 (Othman *et al.* 2012, Kosova *et al.* 2015), or under the impact of different hormonal treatment (Mirkin *et*
96 *al.* 2004, Haouzi *et al.* 2009). However, none of the earlier studies employed the RNA sequencing to
97 compare and contrast the transcriptome profiles of endometrium in unexplained RM and RIF.

98 More recently, Brosen et al (Teklenburg *et al.* 2010, Brosens *et al.* 2014, Macklon & Brosens 2014)
99 hypothesized that RM is associated with an over-receptive endometrium which would allow defective or
100 abnormal embryos to implant and in turn leads to super-fertility, but followed by an increased risk of
101 miscarriage of an abnormal embryo. In contrast, in women with RIF, implantation often fails to take place
102 despite the replacement of many good quality embryos, implying that the defect is in the endometrium
103 which is less receptive. The underlying molecular mechanism of altered endometrium receptivity during
104 window of implantation in RM and RIF are still unclear.

105 In this study, we wish to directly compare the transcriptome profiles of RM and RIF, on precisely
106 timed endometrial specimens obtained seven days after the LH surge (LH+7) with a view to establishing
107 to what extent RM and RIF represent two ends of the spectrum of implantation disorder.

108

109 **Materials and Methods**

110 **Subjects**

111 Subjects were recruited from the Prince of Wales Hospital, Chinese University of Hong Kong. The
112 inclusion criteria of all subjects recruited include: age no more than 40 years, with regular cycles (25-35
113 day), had not used steroid hormone in the preceding 2 months. Women with one or more of the following
114 situations were excluded: peripheral blood showing chromosomal anomaly, tested positive for
115 anticardiolipin antibody or lupus anticoagulant, abnormal thyroid function test, uncorrected uterine
116 anomalies, intra-uterine device in situ, intrauterine adhesions or serious systematic disease. Women with
117 unexplained RIF was defined as failure to achieve a clinical pregnancy after transfer of at least four good-
118 quality embryos in a minimum of three cycles in a woman under the age of 40 years, in whom routine
119 investigations had not uncover any obvious cause (Coughlan *et al.* 2014). Unexplained RM was defined
120 as three or more consecutive miscarriages before 24 weeks of gestation, with no identifiable cause after
121 routine investigations according to an established protocol (Saravolos & Li 2012). Fertile control subjects
122 referred to women who had one or more live birth following spontaneous conception, stopped
123 breastfeeding for more than 6 months, and without any history of spontaneous miscarriage, were also
124 included as reference. In total, 14 women were recruited for transcriptome sequencing as screening, 5
125 women with unexplained RIF, 6 women with unexplained RM, and 3 fertile. For validation, additional 10
126 women were included, with 4 unexplained RIF, 5 unexplained RM and 1 fertile.

127 **Endometrial sample**

128 In the cycle of study, all subjects started daily urine LH test from day 9 of the cycle onwards until the
129 LH surge had been identified. An endometrial biopsy was obtained on day LH+7 as an outpatient
130 procedure with the use of a Pipelle® sampler. The samples were immediately snap-frozen and stored in
131 liquid nitrogen for later processing.

132 **RNA extraction and expression calculation**

133 For the first batch of 14 recruited samples (5 with RIF, 6 with RM, 3 fertile), total RNA was extracted
134 from endometrium by TRIzol according to manufacturer's protocols (Invitrogen). RNA quality and
135 integrity was confirmed by NanoDrop 2000 (Thermo Scientific) and Bioanalyzer 2100 Eukaryote Total
136 RNA Pico (Agilent Tech, Inc), respectively. All 14 extracted RNA samples were rRNA depleted by
137 Ribozero (Illumina) and the paired-ends strand-specific libraries were prepared by TrueSeq Stranded
138 Total RNA Library Prep Kit (Illumina). All samples were sequenced by Illumina HiSeq2000. After
139 sequencing, low quality reads whose sequencing quality below 20 were trimmed. All reads were mapped
140 to human genome hg38 by Tophat2(Kim *et al.* 2013) with default parameters. The Reads Per Kilobase
141 Per Million Reads (RPKM) of gene expression was calculated based on the GENCODE v23 annotation
142 (Harrow *et al.* 2012). All expressions were normalized by quantile normalization method using median

143 (Risso *et al.* 2014). The differential expressed genes (DEGs) were determined by two criteria: (a) the fold
144 change between the means of groups was higher than 1.5; and (b) the p-value calculated from pooled T-
145 test was smaller than 0.05.

146 **Hierarchical clustering and principle component analysis (PCA)**

147 The expressions of each gene were firstly scaled as follow:

$$148 \quad S_{ij} = \frac{R_{ij}}{\max(R_i)}$$

149 where S_{ij} is the scaled expression of gene i in sample j , R_{ij} is the raw normalized expression of gene i in
150 sample j , $\max(R_i)$ is the largest value of gene i among all samples from RM, RIF and fertile groups.
151 Afterwards the scaled expressions will be used for unsupervised hierarchical clustering and then PCA by
152 R packages gplots (Warnes *et al.* 2009) and prcomp.

153 After PCA was done, the vector of each principle component was calculated. In the space constructed
154 by any two principle components V_p and V_q , the direction of classification which was vertical to the
155 calculated boundary $aP + bQ = c$ by SVM is $V_D = \begin{bmatrix} a \\ b \end{bmatrix}$, where $a^2 + b^2 = 1$. Thus the contribution of
156 each gene to the classification direction was calculated by:

$$157 \quad aV_p + bV_q = \mathbf{X}$$

158 where \mathbf{X} contains the contribution of the corresponding genes to the classification direction. Support
159 vector machine (SVM) was performed by Python library sklearn 0.17.0 (Pedregosa 2011). Genes whose
160 absolute values of the contribution scores were larger or equal to 0.01 were considered to have significant
161 contribution.

162 **Gene ontology and pathway analysis**

163 Only genes with significant differential expression were retrieved for gene ontology (GO) and pathway
164 analysis. Pathway enrichment was analyzed by DAVID 6.7 (the Database for Annotation, Visualization
165 and Integrated Discovery) (Risso *et al.* 2014). The pathways whose correlated p-value (q-value) smaller
166 than 0.05 were considered significantly enriched.

167 **Quantitative RT-PCR**

168 In additional to the 14 sequenced samples, extra 10 independent samples (4 RIF, 5 RM, and 1 fertile)
169 were added to measure relative gene expression using quantitative real-time RT-PCR (qPCR) for
170 validation. TATA-box binding protein (TBP) and ribosomal protein L13a (RPL13A) were used as
171 reference genes for expression normalization. Total RNA was extracted and quality checked as above.
172 One microgram of total RNA was used for reverse transcription. Quantitative PCR was performed by
173 using SYBR® Green PCR Master Mix (Applied Biosystems) with Roche LightCycler® 480 II. Primer
174 sequences can be found in Supplementary Table 1. Wilcoxon test was used to exam the statistical
175 significance between RIF and RM.

176 **Ethics**

177 This study was approved by the Joint Chinese University of Hong Kong – New Territories East Cluster
178 Clinical Research Ethics Committee. Written consent was obtained from all participants.

179

180 **Results**

181 The demographics of the recruited subjects are summarized in Table 1. There was no significant
182 difference in age, BMI, cycle length and endometrium thickness at the time of biopsy amongst RIF, RM
183 and fertile groups (Table 1).

184 The reads mapping of all 14 samples for RNA-Seq were satisfactory (Supplementary Figure 1). All
185 samples had over 80% reads mapped to the human genome hg38. The raw sequencing data was uploaded
186 to NCBI with reference BioProject ID: PRJNA314429. Firstly, we explored whether RM, RIF and fertile
187 samples could be separated in the transcriptome profiling. After normalization and scaling of gene
188 expressions, un-supervised hierarchical clustering was performed to all samples (Figure 1). Most RIF and
189 RM samples were clustered to two sub-trees, while fertile samples could not be grouped and were
190 clustered within RIF or RM samples. There were 661 genes significantly up-regulated in RIF compared
191 with RM; whilst 301 genes up-regulated in RM compared with RIF. To further compare and contrast the
192 differences between RIF and RM, fertile samples were excluded and principle component analysis (PCA)
193 was performed. RIF and RM samples showed distinct spatial distribution in the three-dimensional space
194 constructed by the first three components. In the space constructed by the first component and the third
195 component, RIF and RM were perfectly linear separated (Figure 2). The boundary between RIF and RM
196 could be further learnt by SVM, where the classification direction which was vertical to the linear
197 boundary gave the best resolution to distinguish RIF and RM. To identify the genes that contribute the
198 most to the classification direction, the contribution score for each gene was calculated (see Method). The
199 genes with positive contribution scores showed higher expressions in RM, while genes with negative
200 contribution scores showed higher expressions in RIF (Figure 3). Genes whose absolute values of
201 contribution scores were larger or equal to 0.01 were considered to have significant contribution to the
202 classification of RIF and RM, where 183 genes had significant positive contribution and 380 had
203 significant negative contribution.

204 To investigate which biological and molecular pathway contributed most to the differential
205 transcriptomic pattern between RIF and RM, pathway enrichment analysis was applied on genes with
206 significant contribution on both directions (Figure 3). Pathways with $-\log(q\text{-value}) > 2$ were considered
207 as significant. The localization of proteins encoded by genes in both directions showed high enrichment in
208 extracellular regions indicated by GO cellular component terms. However, the pathways where they were
209 involved were distinct, which could be revealed by GO biological process terms and KEGG pathways
210 (Figure 4). On negative direction, many responses to wounding and inflammatory genes were
211 predominately enriched, including the most enriched complement and coagulation cascades in KEGG
212 (Figure 5). Several central components of complement and coagulation cascades have significantly higher
213 expressions in RIF than those in RM, with significant t-test p-values less than 0.05. We chose the top six
214 over-expressed genes in RIF from complement cascade, namely C3, C4, C4BP, DAF, DF and SERPING1,
215 for real time PCR validation (Figure 6). In contrast, on positive direction, genes that were involved in
216 extracellular structure organization and biological adhesion by GO biological process terms and

217 neuroactive ligand-receptor interaction and calcium signaling pathways in KEGG, were significantly
218 enriched, but only few (2/78) significant differentially expressed genes were identified.

219 Real time PCR was performed on all 24 samples to validate the differential expression of 6 genes in
220 complement cascade (Figure 6). All the gene expressions were significantly up-regulated in RIF group
221 compared with that of RM with Wilcoxon test, p values less than 0.05. However, the real time PCR
222 results of control group showed great variation, and most of the difference are not significant.

223

224 Discussion

225 In this study, we have found that the transcriptome profiles of the two groups of patients studied (RM
226 and RIF) are distinctively different from one another. In addition, we have found significant amounts of
227 differentially expressed genes (661 up-regulated in RIF and 301 up-regulated in RM) and one
228 distinctively and validated pathway between women with RIF and RM.

229 Among all the enriched pathways, the ***complement and coagulation cascades pathway*** was the most
230 significantly affected pathway with $-\log(q\text{-values}) > 4$ in KEGG pathway analysis in RIF. This particular
231 pathway was upregulated in RIF patients compared with RM patients, the genes involved in this pathway
232 included C3, C4, C4BP, DAF, DF and SERPING1. All of these 6 up-regulated genes had been validated
233 with qPCR, which confirmed the up-regulation generally existed in patients with unexplained RIF.
234 Reference to Figure 6 showed that C3 expression in RIF was significantly higher than that of control,
235 whereas the expression in RM was not different to that of control subjects. The complement system,
236 represented by complement component 3 (C3), is a proteolytic cascade in plasma and an upstream
237 mediator of innate immunity. It is known that human chorionic gonadotropin (hCG) has positive effects
238 on endometrial C3 expression (Palomino *et al.* 2013). Whilst the adverse effect of decreased C3
239 expression on placental development and fetal development has been shown in C3 deficient mice (Chow
240 *et al.* 2009), and variants in FOXD1 that enhance the expression of C3 were associated with miscarriage
241 in humans and mice (Laissue *et al.* 2016). ¶The possible adverse effect of over expression of C3 has not
242 been previously reported. It seems therefore a fine balance is necessary; both under expression as well as
243 over expression of C3 may be detrimental. Our observation that the C3 was over expressed in RIF but not
244 in RM suggested that the two conditions affect uterine receptivity in different ways. One of the major
245 immune functions of C3 pathway is to form the membrane attack complex, leading to cell lysis (Ricklin *et*
246 *al.* 2010). While DAF (complement-protective protein decay-accelerating factor, also known as CD55)
247 was considered as an inhibitor to the increased complement activity (Young *et al.* 2002) and expression of
248 DAF was minimal in the proliferative and early secretory phase in endometrium, increased to a maximum
249 on LH+7, and decreased until next cycle. Endometrial C3 and DAF expression was associated with
250 human chorionic gonadotropin, indicating its roles in early embryo development (Palomino *et al.* 2013).
251 Whilst there has not been any study in the literature which reported on the expression of any of the genes
252 involved in this pathway in the endometrium of RIF or RM at the time of implantation, previous genetic
253 association studies found the loss of functional mutation of some genes in this pathway were associated
254 with RM (Mohlin *et al.* 2013) or other adverse pregnancy outcome, such as preeclampsia (Salmon *et al.*
255 2011). Although both C3 and DAF were upregulated in RIF when compared with RM, the increased C3
256 expression (3.5 folds) was higher than the increased DAF expression (2.8 folds), suggesting the inhibitory

257 complement system in RIF may be more likely a reactive response. Further studies of its inhibitory
258 mechanism and subsequent downstream innate immune response in RIF are needed.

259 On the other hand, though the neuroactive ligand-receptor interaction pathway and calcium signaling
260 pathway were enriched in RM according to the positively contributed gene list from SVM analysis, we
261 did not consider them as important as the complement and coagulation cascades pathway as discussed
262 above. Firstly, most of the genes with positive contribution in these two pathways were expressed at very
263 low expression level. Furthermore, almost no differentially expressed genes were identified in those two
264 pathways. One explanation for lack of significantly expressed genes in calcium pathway in our study
265 could be that this activity could be prominent in endometrial epithelium cells (Thie & Denker 2002,
266 Brosens *et al.* 2014, Ruan *et al.* 2014), which might be diluted if sequencing endometrium tissue as a
267 whole. However, it has long been known that Ca^{2+} channels involves in a variety of implantation
268 processes and increased Ca^{2+} mobilization can assist blastocyst-endometrium adhesion (Thie & Denker
269 2002, Brosens *et al.* 2014, Ruan *et al.* 2014). Brosen *et al.* found that competent and low-quality embryos
270 elicited different Ca^{2+} channel responses in vitro, which indicate the active role of endometrial selective
271 function of human embryos (Brosens *et al.* 2014). And this selection was impaired in the endometrium of
272 RM subjects (Teklenburg *et al.* 2010). In this study, the genes with positive contribution in calcium
273 signaling pathway may suggest the higher activity of the Ca^{2+} channel in the endometrium of RM
274 compared with that of RIF. It might indicate that the endometrium during WOI is more favorable for
275 implantation in RM compared with RIF, which would also be in consistent with in vitro study carried out
276 by Brosens *et al.* that pattern of Ca^{2+} signals was associated with the implantation results.

277 According to the hypothesis put forward by Brosen and Macklon *et al.* (Teklenburg *et al.* 2010, Brosens
278 *et al.* 2014, Macklon & Brosens 2014), women with unexplained RM would be superfertile because the
279 endometrium is over-receptive, less able to discern and prevent the abnormal embryos from implantation,
280 in contrast to that of women with RIF, in which the abnormality makes it difficult for even the normal
281 embryo to implant. Whilst our findings do not directly confirm or refute the Brosen hypothesis that the
282 endometrium is over-receptive in women with RM, our finding regarding the differential regulation of the
283 pathways between the two groups of women may provide insight into the molecular mechanism
284 controlling the implantation process in the endometrium to make it under-receptive (as in women with
285 RIF) or over-receptive (as in women with RM).

286 The transcriptome pattern of fertile women seems dispersedly distributed among RIF and RM subjects,
287 but the sample size in our study indeed is very small to make any conclusion. The dispersed distribution
288 may be due to the heterogeneity of endometrial receptivity status. Although they were classified as fertile
289 controls as they had previously successful pregnancy in early years, unfortunately it does not necessarily
290 imply they will still be able to achieve successful pregnancy if conceived. This is one of the limitations of
291 our study.

292 A particular strength of our study is the precise timing of the endometrial specimen, all obtained on day
293 LH+7. Whilst some earlier studies did time the specimen precisely on a single day (Diaz-Gimeno *et al.*
294 2011, Hu *et al.* 2014) others obtained the specimen over two or more days (Ledee *et al.* 2011, Koot *et al.*
295 2016). Given that the endometrium changes very rapidly around the time of implantation, the inclusion of
296 samples collected on different days after the LH surge could introduce a significant source of variance to
297 the results. It may help to explain why, in a previous study by Ledee *et al.* which studied similar subjects

298 groups as in our study but with biopsies obtained over a three-day period from days LH+7 to +9, they
299 could find gene expression differences between RM and RIF, consistent with our findings, but not able to
300 identify the pathways (Ledee *et al.* 2011).

301 Another strength of this study is that we used RNA-seq rather than micro-array to analyze the
302 specimens. Earlier transcriptome studies of the endometrium used micro-array analysis (Ledee *et al.* 2011,
303 Othman *et al.* 2012, Ruiz-Alonso *et al.* 2013, Koot *et al.* 2016) although 2 recent studies did use
304 sequencing techniques (Hu *et al.* 2014, Kosova *et al.* 2015). It is now well accepted that sequencing
305 technique is more comprehensive in coverage and precise in quantification of global gene expression
306 profiles (McGettigan 2013). Furthermore, in our study we have used more straightforward and more
307 comprehensive methods to mine the features which contributed to the classification of the two groups of
308 women, and thus identified genes and pathways that were differentially expressed between RIF and RM.
309 The chosen testing platforms and analysis methods could also greatly contributed to the identification of
310 significant pathways.

311 One possible limitation of our study is the relatively small sample size (RIF=9, RM=11, control=4) and
312 so the conclusions reached in this study should be considered preliminary, especially in view of the
313 potential heterogeneity of the study populations.

314 To conclude, we have identified that the complement and coagulation cascades pathway are
315 significantly different between women with RM and RIF. The identified pathways provide an insight into
316 how the process of implantation in these two types of implantation disorder differs from one other.

317

318 **Authors' roles**

319 J.H. and T.C.L. designed the study, prepared the samples, interpreted the data and wrote the manuscript.
320 H.Q. and T.F.C. performed the bioinformatics analysis and prepared the figures. Y.Y. and J.Z. performed
321 the qPCR validation. X.C. helped on patient recruitment and sample collection. C.C.W. and S.L.
322 contributed to the interpretation of data and the manuscript preparation. All of the authors contributed to
323 finalizing of the manuscript.

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