

Perceptions of Engaging with a Super-Strengths Approach in Elite Sport

LUDLAM, Katie E, BAWDEN, Mark, BUTT, Joanne http://orcid.org/0000-0002-0477-894X, LINDSAY, Pete and MAYNARD, Ian http://orcid.org/0000-0003-2010-5072

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PERCEPTIONS OF SUPER-STRENGTHS APPROACH

Figure Caption

Figure 1. Higher-order, lower-order and raw data themes representing athletes' perceptions of the effects of the super-strengths approach.