Reducing the impact of physical inactivity: evidence to support the case for targeting people with chronic mental and physical conditions

EVERSON-HOCK, Emma S., GREEN, Mark A., GOYDER, Elizabeth C., COPELAND, Robert J. <http://orcid.org/0000-0002-4147-5876>, TILL, Simon H., HELLER, Ben <http://orcid.org/0000-0003-0805-8170> and HART, Ollie

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Figure II: Patterns of different types of physical inactivity by age and sex